

Porto: Lagos - Janeiro / January 2024

Data	Hora	Altura	Lua		Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon		Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon		Date	Time	Height	Moon
01-01-2024	05:25	3.0 m			16-01-2024	18:18	3.1 m	
01-01-2024	11:40	1.1 m			17-01-2024	00:14	0.9 m	
01-01-2024	17:52	2.7 m			17-01-2024	06:37	3.3 m	
01-01-2024	23:40	1.2 m			17-01-2024	12:54	0.9 m	
02-01-2024	06:05	2.9 m			17-01-2024	19:14	2.9 m	
02-01-2024	12:23	1.2 m			18-01-2024	01:13	1.1 m	☾
02-01-2024	18:35	2.6 m			18-01-2024	07:37	3.0 m	
03-01-2024	00:26	1.3 m			18-01-2024	13:56	1.1 m	
03-01-2024	06:50	2.8 m			18-01-2024	20:18	2.8 m	
03-01-2024	13:12	1.3 m			19-01-2024	02:24	1.2 m	
03-01-2024	19:25	2.6 m			19-01-2024	08:47	2.9 m	
04-01-2024	01:19	1.4 m	☾		19-01-2024	15:06	1.2 m	
04-01-2024	07:43	2.7 m			19-01-2024	21:30	2.8 m	
04-01-2024	14:08	1.4 m			20-01-2024	03:45	1.3 m	
04-01-2024	20:23	2.5 m			20-01-2024	10:04	2.8 m	
05-01-2024	02:23	1.5 m			20-01-2024	16:21	1.3 m	
05-01-2024	08:46	2.6 m			20-01-2024	22:44	2.8 m	
05-01-2024	15:11	1.4 m			21-01-2024	05:05	1.2 m	
05-01-2024	21:28	2.5 m			21-01-2024	11:18	2.7 m	
06-01-2024	03:35	1.5 m			21-01-2024	17:29	1.3 m	
06-01-2024	09:53	2.6 m			21-01-2024	23:49	2.9 m	
06-01-2024	16:14	1.4 m			22-01-2024	06:11	1.1 m	
06-01-2024	22:31	2.6 m			22-01-2024	12:20	2.8 m	
07-01-2024	04:44	1.4 m			22-01-2024	18:25	1.2 m	
07-01-2024	10:58	2.7 m			23-01-2024	00:42	3.0 m	
07-01-2024	17:13	1.3 m			23-01-2024	07:03	1.0 m	
07-01-2024	23:28	2.8 m			23-01-2024	13:10	2.9 m	
08-01-2024	05:43	1.2 m			23-01-2024	19:09	1.1 m	
08-01-2024	11:55	2.8 m			24-01-2024	01:27	3.1 m	
08-01-2024	18:04	1.1 m			24-01-2024	07:45	0.9 m	
09-01-2024	00:19	3.0 m			24-01-2024	13:52	2.9 m	
09-01-2024	06:35	1.0 m			24-01-2024	19:47	1.0 m	
09-01-2024	12:46	3.0 m			25-01-2024	02:07	3.3 m	
09-01-2024	18:52	1.0 m			25-01-2024	08:21	0.8 m	
10-01-2024	01:07	3.2 m			25-01-2024	14:30	3.0 m	
10-01-2024	07:22	0.8 m			25-01-2024	20:22	0.9 m	☉
10-01-2024	13:34	3.1 m			26-01-2024	02:42	3.3 m	
10-01-2024	19:36	0.8 m			26-01-2024	08:54	0.8 m	
11-01-2024	01:52	3.4 m			26-01-2024	15:04	3.1 m	
11-01-2024	08:07	0.6 m			26-01-2024	20:55	0.9 m	
11-01-2024	14:21	3.2 m	●		27-01-2024	03:16	3.4 m	
11-01-2024	20:20	0.7 m			27-01-2024	09:26	0.7 m	
12-01-2024	02:37	3.5 m			27-01-2024	15:36	3.1 m	
12-01-2024	08:52	0.5 m			27-01-2024	21:27	0.8 m	
12-01-2024	15:07	3.3 m			28-01-2024	03:48	3.3 m	
12-01-2024	21:03	0.6 m			28-01-2024	09:57	0.8 m	
13-01-2024	03:23	3.6 m			28-01-2024	16:08	3.1 m	
13-01-2024	09:36	0.4 m			28-01-2024	21:59	0.9 m	
13-01-2024	15:53	3.4 m			29-01-2024	04:20	3.3 m	
13-01-2024	21:48	0.6 m			29-01-2024	10:29	0.8 m	
14-01-2024	04:08	3.7 m			29-01-2024	16:39	3.0 m	
14-01-2024	10:22	0.4 m			29-01-2024	22:31	0.9 m	
14-01-2024	16:39	3.3 m			30-01-2024	04:51	3.2 m	
14-01-2024	22:33	0.7 m			30-01-2024	11:01	0.9 m	
15-01-2024	04:55	3.6 m			30-01-2024	17:11	2.9 m	
15-01-2024	11:09	0.5 m			30-01-2024	23:04	1.0 m	
15-01-2024	17:27	3.2 m			31-01-2024	05:24	3.1 m	
15-01-2024	23:21	0.8 m			31-01-2024	11:34	1.0 m	
16-01-2024	05:44	3.5 m			31-01-2024	17:45	2.8 m	
16-01-2024	12:00	0.7 m			31-01-2024	23:39	1.1 m	





Porto: Lagos - Fevereiro / February 2024






Data	Hora	Altura	Lua	Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon	Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon	Date	Time	Height	Moon
01-02-2024	05:59	2.9 m		16-02-2024	00:39	1.0 m	
01-02-2024	12:10	1.2 m		16-02-2024	07:04	3.0 m	
01-02-2024	18:23	2.7 m		16-02-2024	13:11	1.2 m	☾
02-02-2024	00:19	1.3 m		16-02-2024	19:37	2.8 m	
02-02-2024	06:40	2.8 m		17-02-2024	01:47	1.3 m	
02-02-2024	12:53	1.3 m		17-02-2024	08:14	2.7 m	
02-02-2024	19:10	2.6 m	☾	17-02-2024	14:22	1.4 m	
03-02-2024	01:10	1.4 m		17-02-2024	20:54	2.7 m	
03-02-2024	07:34	2.6 m		18-02-2024	03:21	1.4 m	
03-02-2024	13:50	1.4 m		18-02-2024	09:44	2.5 m	
03-02-2024	20:14	2.5 m		18-02-2024	15:56	1.5 m	
04-02-2024	02:24	1.5 m		18-02-2024	22:25	2.7 m	
04-02-2024	08:50	2.5 m		19-02-2024	05:02	1.4 m	
04-02-2024	15:09	1.5 m		19-02-2024	11:14	2.5 m	
04-02-2024	21:37	2.6 m		19-02-2024	17:23	1.5 m	
05-02-2024	03:58	1.5 m		19-02-2024	23:41	2.8 m	
05-02-2024	10:20	2.5 m		20-02-2024	06:13	1.2 m	
05-02-2024	16:35	1.4 m		20-02-2024	12:19	2.6 m	
05-02-2024	22:57	2.7 m		20-02-2024	18:22	1.3 m	
06-02-2024	05:21	1.3 m		21-02-2024	00:35	2.9 m	
06-02-2024	11:35	2.7 m		21-02-2024	07:00	1.1 m	
06-02-2024	17:44	1.2 m		21-02-2024	13:05	2.8 m	
07-02-2024	00:00	2.9 m		21-02-2024	19:03	1.2 m	
07-02-2024	06:22	1.0 m		22-02-2024	01:17	3.1 m	
07-02-2024	12:34	2.9 m		22-02-2024	07:36	0.9 m	
07-02-2024	18:38	1.0 m		22-02-2024	13:41	2.9 m	
08-02-2024	00:52	3.2 m		22-02-2024	19:37	1.0 m	
08-02-2024	07:11	0.8 m		23-02-2024	01:52	3.2 m	
08-02-2024	13:23	3.1 m		23-02-2024	08:06	0.8 m	
08-02-2024	19:25	0.8 m		23-02-2024	14:13	3.0 m	
09-02-2024	01:39	3.5 m		23-02-2024	20:07	0.9 m	
09-02-2024	07:56	0.5 m		24-02-2024	02:23	3.3 m	
09-02-2024	14:09	3.3 m		24-02-2024	08:33	0.7 m	
09-02-2024	20:08	0.6 m	●	24-02-2024	14:42	3.1 m	○
10-02-2024	02:24	3.7 m		24-02-2024	20:35	0.8 m	
10-02-2024	08:39	0.3 m		25-02-2024	02:53	3.4 m	
10-02-2024	14:53	3.5 m		25-02-2024	09:01	0.7 m	
10-02-2024	20:50	0.5 m		25-02-2024	15:10	3.2 m	
11-02-2024	03:07	3.8 m		25-02-2024	21:04	0.7 m	
11-02-2024	09:21	0.2 m		26-02-2024	03:22	3.4 m	
11-02-2024	15:35	3.6 m		26-02-2024	09:28	0.7 m	
11-02-2024	21:32	0.4 m		26-02-2024	15:38	3.2 m	
12-02-2024	03:51	3.8 m		26-02-2024	21:32	0.7 m	
12-02-2024	10:03	0.3 m		27-02-2024	03:50	3.4 m	
12-02-2024	16:18	3.5 m		27-02-2024	09:56	0.7 m	
12-02-2024	22:15	0.4 m		27-02-2024	16:06	3.2 m	
13-02-2024	04:35	3.8 m		27-02-2024	22:01	0.8 m	
13-02-2024	10:45	0.4 m		28-02-2024	04:18	3.3 m	
13-02-2024	17:02	3.4 m		28-02-2024	10:24	0.8 m	
13-02-2024	22:59	0.6 m		28-02-2024	16:34	3.1 m	
14-02-2024	05:20	3.6 m		28-02-2024	22:31	0.9 m	
14-02-2024	11:29	0.6 m		29-02-2024	04:48	3.2 m	
14-02-2024	17:47	3.2 m		29-02-2024	10:52	0.9 m	
14-02-2024	23:46	0.8 m		29-02-2024	17:04	3.0 m	
15-02-2024	06:09	3.3 m		29-02-2024	23:02	1.0 m	
15-02-2024	12:17	0.9 m					
15-02-2024	18:37	3.0 m					

Porto: Lagos - Março / March 2024

Data	Hora	Altura	Lua		Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon		Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon		Date	Time	Height	Moon
01-03-2024	05:19	3.0 m			15-03-2024	18:05	3.1 m	
01-03-2024	11:23	1.1 m			16-03-2024	00:12	1.0 m	
01-03-2024	17:38	2.9 m			16-03-2024	06:36	2.8 m	
01-03-2024	23:38	1.2 m			16-03-2024	12:32	1.3 m	
02-03-2024	05:56	2.8 m			16-03-2024	19:02	2.8 m	
02-03-2024	12:01	1.3 m			17-03-2024	01:19	1.3 m	☾
02-03-2024	18:21	2.7 m			17-03-2024	07:47	2.5 m	
03-03-2024	00:24	1.3 m			17-03-2024	13:42	1.5 m	
03-03-2024	00:24	1.3 m			17-03-2024	20:22	2.6 m	
03-03-2024	06:47	2.6 m			18-03-2024	03:03	1.5 m	
03-03-2024	06:47	2.6 m			18-03-2024	09:28	2.4 m	
03-03-2024	12:52	1.4 m	☾		18-03-2024	15:32	1.6 m	
03-03-2024	12:52	1.4 m			18-03-2024	22:04	2.6 m	
03-03-2024	19:23	2.6 m			19-03-2024	04:52	1.4 m	
03-03-2024	19:23	2.6 m			19-03-2024	11:04	2.5 m	
04-03-2024	01:36	1.5 m			19-03-2024	17:09	1.5 m	
04-03-2024	08:07	2.5 m			19-03-2024	23:23	2.7 m	
04-03-2024	14:17	1.6 m			20-03-2024	05:58	1.3 m	
04-03-2024	20:56	2.5 m			20-03-2024	12:05	2.6 m	
05-03-2024	03:26	1.5 m			20-03-2024	18:05	1.4 m	
05-03-2024	09:55	2.5 m			21-03-2024	00:15	2.9 m	
05-03-2024	16:07	1.5 m			21-03-2024	06:40	1.1 m	
05-03-2024	22:31	2.7 m			21-03-2024	12:45	2.8 m	
06-03-2024	05:03	1.3 m			21-03-2024	18:43	1.2 m	
06-03-2024	11:20	2.7 m			22-03-2024	00:54	3.0 m	
06-03-2024	17:27	1.3 m			22-03-2024	07:11	1.0 m	
06-03-2024	23:40	3.0 m			22-03-2024	13:17	2.9 m	
07-03-2024	06:06	1.0 m			22-03-2024	19:13	1.0 m	
07-03-2024	12:18	2.9 m			23-03-2024	01:26	3.2 m	
07-03-2024	18:22	1.0 m			23-03-2024	07:38	0.8 m	
08-03-2024	00:33	3.3 m			23-03-2024	13:45	3.1 m	
08-03-2024	06:54	0.7 m			23-03-2024	19:41	0.9 m	
08-03-2024	13:06	3.2 m			25-03-2024	02:23	3.4 m	☉
08-03-2024	19:08	0.7 m			25-03-2024	08:30	0.7 m	
09-03-2024	01:20	3.6 m			25-03-2024	14:39	3.2 m	
09-03-2024	07:37	0.4 m			25-03-2024	20:37	0.7 m	
09-03-2024	13:50	3.5 m			26-03-2024	02:51	3.4 m	
09-03-2024	19:50	0.5 m			26-03-2024	08:56	0.7 m	
10-03-2024	02:04	3.8 m			26-03-2024	15:06	3.3 m	
10-03-2024	08:18	0.2 m	●		26-03-2024	21:05	0.7 m	
10-03-2024	14:31	3.6 m			27-03-2024	03:19	3.3 m	
10-03-2024	20:31	0.3 m			27-03-2024	09:23	0.7 m	
11-03-2024	02:47	3.9 m			27-03-2024	15:34	3.3 m	
11-03-2024	08:58	0.2 m			27-03-2024	21:33	0.7 m	
11-03-2024	15:12	3.7 m			28-03-2024	03:48	3.3 m	
11-03-2024	21:12	0.3 m			28-03-2024	09:50	0.8 m	
12-03-2024	03:29	3.9 m			28-03-2024	16:03	3.2 m	
12-03-2024	09:38	0.2 m			28-03-2024	22:03	0.8 m	
12-03-2024	15:53	3.6 m			29-03-2024	04:19	3.1 m	
12-03-2024	21:53	0.3 m			29-03-2024	10:19	0.9 m	
13-03-2024	04:12	3.8 m			29-03-2024	16:34	3.1 m	
13-03-2024	10:18	0.4 m			29-03-2024	22:36	0.9 m	
13-03-2024	16:34	3.5 m			30-03-2024	04:52	3.0 m	
13-03-2024	22:35	0.5 m			30-03-2024	10:51	1.1 m	
14-03-2024	04:56	3.5 m			30-03-2024	17:10	2.9 m	
14-03-2024	10:58	0.6 m			30-03-2024	23:14	1.1 m	
14-03-2024	17:17	3.3 m			UTC/GMT+1			
14-03-2024	23:20	0.7 m			31-03-2024	06:32	2.8 m	
15-03-2024	05:43	3.2 m			31-03-2024	12:30	1.2 m	
15-03-2024	11:42	0.9 m			31-03-2024	18:55	2.8 m	

Porto: Lagos - Abril / April 2024

Data	Hora	Altura	Lua	Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon	Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon	Date	Time	Height	Moon
01-04-2024	01:04	1.3 m		16-04-2024	03:37	1.4 m	
01-04-2024	07:28	2.6 m		16-04-2024	10:00	2.4 m	
01-04-2024	13:25	1.4 m		16-04-2024	15:55	1.6 m	
01-04-2024	20:00	2.7 m		16-04-2024	22:26	2.6 m	
02-04-2024	02:20	1.4 m		17-04-2024	05:15	1.4 m	
02-04-2024	08:54	2.5 m		17-04-2024	11:29	2.4 m	
02-04-2024	14:54	1.5 m		17-04-2024	17:28	1.6 m	
02-04-2024	21:33	2.6 m		17-04-2024	23:44	2.7 m	
03-04-2024	04:09	1.4 m		18-04-2024	06:18	1.3 m	
03-04-2024	10:39	2.5 m		18-04-2024	12:27	2.6 m	
03-04-2024	16:45	1.5 m		18-04-2024	18:26	1.4 m	
03-04-2024	23:06	2.8 m		19-04-2024	00:37	2.8 m	
04-04-2024	05:40	1.2 m		19-04-2024	06:59	1.1 m	
04-04-2024	11:58	2.7 m		19-04-2024	13:07	2.7 m	
04-04-2024	18:03	1.3 m		19-04-2024	19:06	1.2 m	
05-04-2024	00:14	3.0 m		20-04-2024	01:16	3.0 m	
05-04-2024	06:41	0.9 m		20-04-2024	07:32	1.0 m	
05-04-2024	12:55	3.0 m		20-04-2024	13:40	2.9 m	
05-04-2024	18:58	1.0 m		20-04-2024	19:38	1.1 m	
06-04-2024	01:08	3.3 m		21-04-2024	01:50	3.1 m	
06-04-2024	07:29	0.6 m		21-04-2024	08:00	0.9 m	
06-04-2024	13:42	3.3 m		21-04-2024	14:09	3.0 m	
06-04-2024	19:45	0.7 m		21-04-2024	20:08	0.9 m	
07-04-2024	01:56	3.6 m		22-04-2024	02:20	3.2 m	
07-04-2024	08:12	0.4 m		22-04-2024	08:28	0.8 m	
07-04-2024	14:25	3.5 m		22-04-2024	14:37	3.2 m	
07-04-2024	20:27	0.5 m		22-04-2024	20:38	0.8 m	
08-04-2024	02:40	3.7 m		23-04-2024	02:50	3.3 m	
08-04-2024	08:53	0.3 m		23-04-2024	08:56	0.7 m	
08-04-2024	15:06	3.6 m		23-04-2024	15:06	3.2 m	
08-04-2024	19:21	-		23-04-2024	21:08	0.7 m	
08-04-2024	21:09	0.3 m		24-04-2024	03:20	3.3 m	
09-04-2024	03:24	3.8 m		24-04-2024	09:24	0.7 m	
09-04-2024	09:32	0.2 m		24-04-2024	15:35	3.3 m	
09-04-2024	15:47	3.7 m		24-04-2024	21:38	0.7 m	
09-04-2024	21:50	0.3 m		25-04-2024	03:51	3.2 m	
10-04-2024	04:07	3.8 m		25-04-2024	09:53	0.7 m	
10-04-2024	10:11	0.3 m		25-04-2024	16:06	3.3 m	
10-04-2024	16:28	3.6 m		25-04-2024	22:10	0.7 m	
10-04-2024	22:31	0.4 m		26-04-2024	04:24	3.2 m	
11-04-2024	04:50	3.6 m		26-04-2024	10:24	0.8 m	
11-04-2024	10:50	0.5 m		26-04-2024	16:40	3.2 m	
11-04-2024	17:09	3.5 m		26-04-2024	22:44	0.8 m	
11-04-2024	23:14	0.5 m		27-04-2024	04:59	3.1 m	
12-04-2024	05:34	3.3 m		27-04-2024	10:56	0.9 m	
12-04-2024	11:30	0.8 m		27-04-2024	17:16	3.1 m	
12-04-2024	17:52	3.3 m		27-04-2024	23:22	0.9 m	
13-04-2024	00:00	0.8 m		28-04-2024	05:39	2.9 m	
13-04-2024	06:21	3.0 m		28-04-2024	11:34	1.1 m	
13-04-2024	12:13	1.0 m		28-04-2024	17:58	3.0 m	
13-04-2024	18:39	3.1 m		29-04-2024	00:06	1.1 m	
14-04-2024	00:52	1.0 m		29-04-2024	06:27	2.8 m	
14-04-2024	07:15	2.7 m		29-04-2024	12:20	1.2 m	
14-04-2024	13:02	1.3 m		29-04-2024	18:49	2.9 m	
14-04-2024	19:36	2.8 m		30-04-2024	01:03	1.2 m	
15-04-2024	02:00	1.3 m		30-04-2024	07:30	2.6 m	
15-04-2024	08:25	2.5 m		30-04-2024	13:21	1.4 m	
15-04-2024	14:11	1.5 m		30-04-2024	19:55	2.8 m	
15-04-2024	20:53	2.6 m					

Data	Hora	Altura	Lua		Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon		Date	GMT / GMT+1	Height	Moon
01-05-2024	02:20	1.3 m			16-05-2024	16:22	1.6 m	
01-05-2024	08:51	2.6 m			16-05-2024	22:43	2.7 m	
01-05-2024	14:46	1.5 m			17-05-2024	05:15	1.3 m	
01-05-2024	21:16	2.8 m			17-05-2024	11:29	2.5 m	
02-05-2024	03:51	1.2 m			17-05-2024	17:26	1.5 m	
02-05-2024	10:17	2.6 m			17-05-2024	23:40	2.7 m	
02-05-2024	16:18	1.4 m			18-05-2024	06:03	1.2 m	
02-05-2024	22:37	2.9 m			18-05-2024	12:15	2.7 m	
03-05-2024	05:08	1.1 m			18-05-2024	18:14	1.3 m	
03-05-2024	11:28	2.8 m			19-05-2024	00:26	2.8 m	
03-05-2024	17:32	1.2 m			19-05-2024	06:42	1.1 m	
03-05-2024	23:44	3.1 m			19-05-2024	12:53	2.8 m	
04-05-2024	06:09	0.9 m			19-05-2024	18:55	1.2 m	
04-05-2024	12:25	3.0 m			20-05-2024	01:06	2.9 m	
04-05-2024	18:29	1.0 m			20-05-2024	07:17	1.0 m	
05-05-2024	00:40	3.3 m			20-05-2024	13:28	2.9 m	
05-05-2024	06:59	0.7 m			20-05-2024	19:32	1.0 m	
05-05-2024	13:14	3.3 m			21-05-2024	01:42	3.0 m	
05-05-2024	19:18	0.7 m			21-05-2024	07:50	0.9 m	
06-05-2024	01:30	3.5 m			21-05-2024	14:01	3.1 m	
06-05-2024	07:44	0.5 m			21-05-2024	20:07	0.9 m	
06-05-2024	13:59	3.4 m			22-05-2024	02:17	3.1 m	
06-05-2024	20:04	0.6 m			22-05-2024	08:23	0.9 m	
07-05-2024	02:17	3.6 m			22-05-2024	14:35	3.2 m	
07-05-2024	08:26	0.4 m			22-05-2024	20:42	0.8 m	
07-05-2024	14:41	3.6 m			23-05-2024	02:53	3.1 m	
07-05-2024	20:48	0.4 m			23-05-2024	08:56	0.8 m	
08-05-2024	03:02	3.6 m			23-05-2024	15:10	3.2 m	
08-05-2024	09:07	0.5 m			23-05-2024	21:17	0.8 m	
08-05-2024	15:24	3.6 m			24-05-2024	03:30	3.1 m	
08-05-2024	21:30	0.4 m			24-05-2024	09:30	0.8 m	
09-05-2024	03:47	3.5 m			24-05-2024	15:46	3.3 m	
09-05-2024	09:47	0.5 m			24-05-2024	21:55	0.8 m	
09-05-2024	16:06	3.6 m			25-05-2024	04:08	3.1 m	
09-05-2024	22:14	0.5 m			25-05-2024	10:06	0.9 m	
10-05-2024	04:31	3.4 m			25-05-2024	16:25	3.3 m	
10-05-2024	10:27	0.7 m			25-05-2024	22:34	0.8 m	
10-05-2024	16:49	3.4 m			26-05-2024	04:50	3.0 m	
10-05-2024	22:58	0.6 m			26-05-2024	10:45	0.9 m	
11-05-2024	05:17	3.2 m			26-05-2024	17:07	3.2 m	
11-05-2024	11:08	0.9 m			26-05-2024	23:18	0.9 m	
11-05-2024	17:33	3.3 m			27-05-2024	05:36	3.0 m	
11-05-2024	23:45	0.8 m			27-05-2024	11:28	1.0 m	
12-05-2024	06:05	2.9 m			27-05-2024	17:54	3.2 m	
12-05-2024	11:51	1.1 m			28-05-2024	00:07	0.9 m	
12-05-2024	18:21	3.1 m			28-05-2024	06:28	2.9 m	
13-05-2024	00:38	1.0 m			28-05-2024	12:19	1.1 m	
13-05-2024	06:58	2.7 m			28-05-2024	18:47	3.1 m	
13-05-2024	12:41	1.3 m			29-05-2024	01:05	1.0 m	
13-05-2024	19:15	2.9 m			29-05-2024	07:28	2.8 m	
14-05-2024	01:40	1.2 m			29-05-2024	13:19	1.2 m	
14-05-2024	08:00	2.5 m			29-05-2024	19:47	3.0 m	
14-05-2024	13:43	1.5 m			30-05-2024	02:11	1.1 m	
14-05-2024	20:18	2.7 m			30-05-2024	08:35	2.7 m	
15-05-2024	02:54	1.3 m			30-05-2024	14:31	1.3 m	
15-05-2024	09:13	2.4 m			30-05-2024	20:55	3.0 m	
15-05-2024	15:01	1.6 m			31-05-2024	03:23	1.1 m	
15-05-2024	21:32	2.7 m			31-05-2024	09:46	2.8 m	
16-05-2024	04:11	1.4 m			31-05-2024	15:46	1.3 m	
16-05-2024	10:28	2.5 m			31-05-2024	22:05	3.0 m	

Porto: Lagos - Junho / June 2024

Data	Hora	Altura	Lua		Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon		Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon		Date	Time	Height	Moon
01-06-2024	04:33	1.0 m			16-06-2024	04:55	1.3 m	
01-06-2024	10:54	2.9 m			16-06-2024	11:11	2.6 m	
01-06-2024	16:57	1.2 m			16-06-2024	17:13	1.4 m	
01-06-2024	23:12	3.1 m			16-06-2024	23:27	2.7 m	
02-06-2024	05:35	0.9 m			17-06-2024	05:46	1.3 m	
02-06-2024	11:53	3.0 m			17-06-2024	12:01	2.7 m	
02-06-2024	18:00	1.0 m			17-06-2024	18:07	1.3 m	
03-06-2024	00:12	3.2 m			18-06-2024	00:18	2.8 m	
03-06-2024	06:29	0.8 m			18-06-2024	06:32	1.2 m	
03-06-2024	12:46	3.2 m			18-06-2024	12:46	2.8 m	
03-06-2024	18:55	0.9 m			18-06-2024	18:55	1.2 m	
04-06-2024	01:07	3.2 m			19-06-2024	01:05	2.8 m	
04-06-2024	07:18	0.7 m			19-06-2024	07:14	1.1 m	
04-06-2024	13:35	3.3 m			19-06-2024	13:28	3.0 m	
04-06-2024	19:45	0.7 m			19-06-2024	19:39	1.1 m	
05-06-2024	01:58	3.3 m			20-06-2024	01:49	2.9 m	
05-06-2024	08:04	0.7 m			20-06-2024	07:54	1.0 m	
05-06-2024	14:22	3.4 m			20-06-2024	14:09	3.1 m	
05-06-2024	20:33	0.6 m			20-06-2024	20:22	0.9 m	
06-06-2024	02:46	3.3 m			21-06-2024	02:32	3.0 m	
06-06-2024	08:47	0.7 m			21-06-2024	08:34	0.9 m	
06-06-2024	15:06	3.4 m	●		21-06-2024	14:50	3.2 m	
06-06-2024	21:18	0.6 m			21-06-2024	21:03	0.8 m	
07-06-2024	03:33	3.2 m			22-06-2024	03:15	3.1 m	○
07-06-2024	09:28	0.7 m			22-06-2024	09:14	0.9 m	
07-06-2024	15:50	3.4 m			22-06-2024	15:32	3.3 m	
07-06-2024	22:03	0.6 m			22-06-2024	21:45	0.7 m	
08-06-2024	04:18	3.2 m			23-06-2024	03:58	3.1 m	
08-06-2024	10:10	0.8 m			23-06-2024	09:55	0.8 m	
08-06-2024	16:34	3.4 m			23-06-2024	16:15	3.4 m	
08-06-2024	22:47	0.7 m			23-06-2024	22:28	0.7 m	
09-06-2024	05:03	3.0 m			24-06-2024	04:44	3.1 m	
09-06-2024	10:51	0.9 m			24-06-2024	10:38	0.8 m	
09-06-2024	17:18	3.3 m			24-06-2024	17:00	3.4 m	
09-06-2024	23:32	0.8 m			24-06-2024	23:13	0.7 m	
10-06-2024	05:48	2.9 m			25-06-2024	05:30	3.1 m	
10-06-2024	11:34	1.1 m			25-06-2024	11:23	0.9 m	
10-06-2024	18:02	3.2 m			25-06-2024	17:46	3.4 m	
11-06-2024	00:19	1.0 m			26-06-2024	00:01	0.7 m	
11-06-2024	06:35	2.8 m			26-06-2024	06:20	3.1 m	
11-06-2024	12:19	1.2 m			26-06-2024	12:12	0.9 m	
11-06-2024	18:48	3.0 m			26-06-2024	18:36	3.3 m	
12-06-2024	01:08	1.1 m			27-06-2024	00:53	0.8 m	
12-06-2024	07:24	2.7 m			27-06-2024	07:12	3.0 m	
12-06-2024	13:09	1.3 m			27-06-2024	13:05	1.0 m	
12-06-2024	19:38	2.9 m			27-06-2024	19:29	3.2 m	
13-06-2024	02:02	1.2 m			28-06-2024	01:49	0.9 m	
13-06-2024	08:18	2.6 m			28-06-2024	08:10	2.9 m	
13-06-2024	14:05	1.4 m			28-06-2024	14:06	1.1 m	
13-06-2024	20:32	2.8 m			28-06-2024	20:28	3.1 m	
14-06-2024	03:00	1.3 m	☾		29-06-2024	02:50	1.0 m	☾
14-06-2024	09:16	2.5 m			29-06-2024	09:12	2.9 m	
14-06-2024	15:07	1.5 m			29-06-2024	15:13	1.2 m	
14-06-2024	21:31	2.7 m			29-06-2024	21:34	3.0 m	
15-06-2024	03:59	1.3 m			30-06-2024	03:56	1.0 m	
15-06-2024	10:15	2.5 m			30-06-2024	10:18	2.9 m	
15-06-2024	16:12	1.5 m			30-06-2024	16:25	1.2 m	
15-06-2024	22:31	2.7 m			30-06-2024	22:43	3.0 m	

Porto: Lagos - Julho / July 2024

Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon
01-07-2024	05:02	1.1 m	
01-07-2024	11:24	2.9 m	
01-07-2024	17:36	1.1 m	
01-07-2024	23:50	3.0 m	
02-07-2024	06:04	1.0 m	
02-07-2024	12:25	3.0 m	
02-07-2024	18:40	1.0 m	
03-07-2024	00:52	3.0 m	
03-07-2024	07:01	1.0 m	
03-07-2024	13:20	3.1 m	
03-07-2024	19:37	0.9 m	
04-07-2024	01:48	3.0 m	
04-07-2024	07:51	1.0 m	
04-07-2024	14:10	3.2 m	
04-07-2024	20:27	0.8 m	
05-07-2024	02:38	3.0 m	
05-07-2024	08:36	0.9 m	
05-07-2024	14:56	3.3 m	
05-07-2024	21:12	0.8 m	●
06-07-2024	03:24	3.1 m	
06-07-2024	09:17	0.9 m	
06-07-2024	15:40	3.4 m	
06-07-2024	21:54	0.7 m	
07-07-2024	04:07	3.1 m	
07-07-2024	09:56	0.9 m	
07-07-2024	16:20	3.4 m	
07-07-2024	22:34	0.7 m	
08-07-2024	04:47	3.0 m	
08-07-2024	10:35	0.9 m	
08-07-2024	17:00	3.3 m	
08-07-2024	23:12	0.8 m	
09-07-2024	05:26	3.0 m	
09-07-2024	11:12	1.0 m	
09-07-2024	17:38	3.3 m	
09-07-2024	23:50	0.9 m	
10-07-2024	06:04	2.9 m	
10-07-2024	11:50	1.0 m	
10-07-2024	18:15	3.1 m	
11-07-2024	00:29	1.0 m	
11-07-2024	06:42	2.8 m	
11-07-2024	12:30	1.2 m	
11-07-2024	18:54	3.0 m	
12-07-2024	01:09	1.1 m	
12-07-2024	07:22	2.7 m	
12-07-2024	13:12	1.3 m	
12-07-2024	19:35	2.9 m	
13-07-2024	01:53	1.2 m	
13-07-2024	08:07	2.6 m	
13-07-2024	14:00	1.4 m	
13-07-2024	20:21	2.7 m	☾
14-07-2024	02:43	1.3 m	
14-07-2024	08:58	2.6 m	
14-07-2024	14:57	1.5 m	
14-07-2024	21:17	2.6 m	
15-07-2024	03:40	1.4 m	
15-07-2024	09:59	2.5 m	
15-07-2024	16:05	1.5 m	
15-07-2024	22:23	2.6 m	
16-07-2024	04:44	1.4 m	
16-07-2024	11:05	2.6 m	

Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon
16-07-2024	17:18	1.4 m	
16-07-2024	23:32	2.6 m	
17-07-2024	05:48	1.4 m	
17-07-2024	12:07	2.7 m	
17-07-2024	18:24	1.3 m	
18-07-2024	00:35	2.7 m	
18-07-2024	06:44	1.2 m	
18-07-2024	13:01	2.9 m	
18-07-2024	19:19	1.2 m	
19-07-2024	01:28	2.8 m	
19-07-2024	07:33	1.1 m	
19-07-2024	13:49	3.1 m	
19-07-2024	20:07	1.0 m	
20-07-2024	02:17	3.0 m	
20-07-2024	08:18	0.9 m	
20-07-2024	14:34	3.3 m	
20-07-2024	20:51	0.8 m	
21-07-2024	03:02	3.1 m	
21-07-2024	09:01	0.8 m	○
21-07-2024	15:18	3.4 m	
21-07-2024	21:33	0.6 m	
22-07-2024	03:46	3.2 m	
22-07-2024	09:43	0.7 m	
22-07-2024	16:01	3.6 m	
22-07-2024	22:16	0.5 m	
23-07-2024	04:30	3.3 m	
23-07-2024	10:25	0.6 m	
23-07-2024	16:45	3.6 m	
23-07-2024	22:58	0.5 m	
24-07-2024	05:14	3.3 m	
24-07-2024	11:09	0.6 m	
24-07-2024	17:30	3.6 m	
24-07-2024	23:42	0.5 m	
25-07-2024	05:59	3.3 m	
25-07-2024	11:54	0.7 m	
25-07-2024	18:16	3.5 m	
26-07-2024	00:29	0.6 m	
26-07-2024	06:47	3.2 m	
26-07-2024	12:43	0.8 m	
26-07-2024	19:05	3.4 m	
27-07-2024	01:19	0.8 m	
27-07-2024	07:38	3.1 m	
27-07-2024	13:37	1.0 m	
27-07-2024	20:00	3.1 m	
28-07-2024	02:14	1.0 m	☾
28-07-2024	08:37	2.9 m	
28-07-2024	14:41	1.1 m	
28-07-2024	21:04	2.9 m	
29-07-2024	03:19	1.2 m	
29-07-2024	09:45	2.8 m	
29-07-2024	15:59	1.2 m	
29-07-2024	22:20	2.8 m	
30-07-2024	04:35	1.3 m	
30-07-2024	11:01	2.8 m	
30-07-2024	17:24	1.2 m	
30-07-2024	23:40	2.7 m	
31-07-2024	05:51	1.3 m	
31-07-2024	12:14	2.9 m	
31-07-2024	18:40	1.2 m	

Porto: Lagos - Agosto / August 2024

Data	Hora	Altura	Lua		Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon		Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon		Date	Time	Height	Moon
01-08-2024	00:50	2.8 m			16-08-2024	12:39	2.8 m	
01-08-2024	06:56	1.2 m			16-08-2024	19:03	1.2 m	
01-08-2024	13:14	3.0 m			17-08-2024	01:13	2.8 m	
01-08-2024	19:39	1.0 m			17-08-2024	07:17	1.1 m	
02-08-2024	01:47	2.8 m			17-08-2024	13:31	3.1 m	
02-08-2024	07:47	1.1 m			17-08-2024	19:51	0.9 m	
02-08-2024	14:05	3.2 m			18-08-2024	02:01	3.0 m	
02-08-2024	20:26	0.9 m			18-08-2024	08:02	0.9 m	
03-08-2024	02:34	2.9 m			18-08-2024	14:16	3.4 m	
03-08-2024	08:29	1.0 m			18-08-2024	20:34	0.6 m	
03-08-2024	14:48	3.3 m			19-08-2024	02:45	3.2 m	
03-08-2024	21:05	0.8 m			19-08-2024	08:44	0.7 m	
04-08-2024	03:14	3.0 m			19-08-2024	14:59	3.6 m	
04-08-2024	09:06	0.9 m			19-08-2024	21:14	0.4 m	☉
04-08-2024	15:26	3.4 m	●		20-08-2024	03:27	3.4 m	
04-08-2024	21:40	0.7 m			20-08-2024	09:25	0.5 m	
05-08-2024	03:50	3.1 m			20-08-2024	15:41	3.7 m	
05-08-2024	09:40	0.8 m			20-08-2024	21:55	0.3 m	
05-08-2024	16:01	3.4 m			21-08-2024	04:08	3.5 m	
05-08-2024	22:12	0.7 m			21-08-2024	10:06	0.4 m	
06-08-2024	04:23	3.1 m			21-08-2024	16:24	3.8 m	
06-08-2024	10:13	0.8 m			21-08-2024	22:35	0.3 m	
06-08-2024	16:35	3.4 m			22-08-2024	04:50	3.5 m	
06-08-2024	22:44	0.7 m			22-08-2024	10:47	0.4 m	
07-08-2024	04:55	3.1 m			22-08-2024	17:07	3.8 m	
07-08-2024	10:45	0.8 m			22-08-2024	23:17	0.4 m	
07-08-2024	17:07	3.3 m			23-08-2024	05:33	3.5 m	
07-08-2024	23:15	0.8 m			23-08-2024	11:31	0.5 m	
08-08-2024	05:27	3.0 m			23-08-2024	17:52	3.6 m	
08-08-2024	11:17	0.9 m			24-08-2024	00:00	0.5 m	
08-08-2024	17:38	3.2 m			24-08-2024	06:18	3.3 m	
08-08-2024	23:47	0.9 m			24-08-2024	12:17	0.7 m	
09-08-2024	05:59	3.0 m			24-08-2024	18:40	3.4 m	
09-08-2024	11:50	1.0 m			25-08-2024	00:46	0.8 m	
09-08-2024	18:10	3.1 m			25-08-2024	07:07	3.1 m	
10-08-2024	00:19	1.0 m			25-08-2024	13:09	0.9 m	
10-08-2024	06:32	2.9 m			25-08-2024	19:34	3.1 m	
10-08-2024	12:25	1.1 m			26-08-2024	01:39	1.1 m	
10-08-2024	18:44	2.9 m			26-08-2024	08:04	2.9 m	☾
11-08-2024	00:54	1.1 m			26-08-2024	14:14	1.2 m	
11-08-2024	07:08	2.7 m			26-08-2024	20:40	2.8 m	
11-08-2024	13:03	1.3 m			27-08-2024	02:46	1.3 m	
11-08-2024	19:23	2.8 m			27-08-2024	09:18	2.7 m	
12-08-2024	01:35	1.3 m			27-08-2024	15:44	1.3 m	
12-08-2024	07:52	2.6 m			27-08-2024	22:08	2.6 m	
12-08-2024	13:52	1.4 m			28-08-2024	04:17	1.5 m	
12-08-2024	20:13	2.6 m	☾		28-08-2024	10:48	2.7 m	
13-08-2024	02:27	1.4 m			28-08-2024	17:27	1.3 m	
13-08-2024	08:52	2.5 m			28-08-2024	23:41	2.6 m	
13-08-2024	15:01	1.5 m			29-08-2024	05:50	1.4 m	
13-08-2024	21:24	2.5 m			29-08-2024	12:09	2.8 m	
14-08-2024	03:42	1.5 m			29-08-2024	18:45	1.2 m	
14-08-2024	10:13	2.5 m			30-08-2024	00:52	2.7 m	
14-08-2024	16:35	1.5 m			30-08-2024	06:55	1.3 m	
14-08-2024	22:55	2.5 m			30-08-2024	13:09	3.0 m	
15-08-2024	05:11	1.5 m			30-08-2024	19:37	1.0 m	
15-08-2024	11:35	2.6 m			31-08-2024	01:43	2.8 m	
15-08-2024	18:02	1.4 m			31-08-2024	07:41	1.2 m	
16-08-2024	00:14	2.6 m			31-08-2024	13:54	3.1 m	
16-08-2024	06:22	1.3 m			31-08-2024	20:16	0.9 m	

Porto: Lagos - Setembro / September 2024

Data	Hora	Altura	Lua		Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon		Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon		Date	Time	Height	Moon
01-09-2024	02:21	2.9 m			16-09-2024	01:39	3.1 m	
01-09-2024	08:17	1.0 m			16-09-2024	07:41	0.8 m	
01-09-2024	14:32	3.3 m			16-09-2024	13:53	3.5 m	
01-09-2024	20:47	0.8 m			16-09-2024	20:10	0.5 m	
02-09-2024	02:54	3.1 m			17-09-2024	02:21	3.4 m	
02-09-2024	08:48	0.9 m			17-09-2024	08:22	0.6 m	
02-09-2024	15:05	3.4 m			17-09-2024	14:35	3.7 m	
02-09-2024	21:16	0.7 m			17-09-2024	20:50	0.3 m	
03-09-2024	03:24	3.1 m	●		18-09-2024	03:02	3.6 m	○
03-09-2024	09:18	0.8 m			18-09-2024	09:03	0.4 m	
03-09-2024	15:35	3.4 m			18-09-2024	15:18	3.8 m	
03-09-2024	21:43	0.7 m			18-09-2024	21:29	0.2 m	
04-09-2024	03:53	3.2 m			19-09-2024	03:43	3.7 m	
04-09-2024	09:46	0.7 m			19-09-2024	09:43	0.3 m	
04-09-2024	16:04	3.4 m			19-09-2024	16:00	3.9 m	
04-09-2024	22:11	0.7 m			19-09-2024	22:09	0.2 m	
05-09-2024	04:21	3.2 m			20-09-2024	04:24	3.7 m	
05-09-2024	10:15	0.7 m			20-09-2024	10:24	0.3 m	
05-09-2024	16:33	3.4 m			20-09-2024	16:43	3.8 m	
05-09-2024	22:38	0.7 m			20-09-2024	22:49	0.4 m	
06-09-2024	04:49	3.2 m			21-09-2024	05:06	3.6 m	
06-09-2024	10:44	0.8 m			21-09-2024	11:07	0.4 m	
06-09-2024	17:01	3.3 m			21-09-2024	17:28	3.6 m	
06-09-2024	23:06	0.8 m			21-09-2024	23:30	0.6 m	
07-09-2024	05:18	3.1 m			22-09-2024	05:50	3.4 m	
07-09-2024	11:14	0.9 m			22-09-2024	11:53	0.7 m	
07-09-2024	17:31	3.1 m			22-09-2024	18:16	3.3 m	
07-09-2024	23:35	0.9 m			23-09-2024	00:15	0.9 m	
08-09-2024	05:48	3.0 m			23-09-2024	06:39	3.1 m	
08-09-2024	11:45	1.0 m			23-09-2024	12:47	0.9 m	
08-09-2024	18:02	2.9 m			23-09-2024	19:11	2.9 m	
09-09-2024	00:06	1.1 m			24-09-2024	01:07	1.2 m	
09-09-2024	06:21	2.8 m			24-09-2024	07:37	2.9 m	
09-09-2024	12:21	1.2 m			24-09-2024	13:56	1.2 m	
09-09-2024	18:38	2.8 m			24-09-2024	20:23	2.6 m	☾
10-09-2024	00:42	1.3 m			25-09-2024	02:18	1.5 m	
10-09-2024	07:03	2.7 m			25-09-2024	08:56	2.7 m	
10-09-2024	13:06	1.4 m			25-09-2024	15:37	1.4 m	
10-09-2024	19:26	2.6 m			25-09-2024	22:00	2.5 m	
11-09-2024	01:31	1.5 m			26-09-2024	04:05	1.6 m	
11-09-2024	08:02	2.5 m	☾		26-09-2024	10:34	2.7 m	
11-09-2024	14:15	1.5 m			26-09-2024	17:24	1.3 m	
11-09-2024	20:44	2.4 m			26-09-2024	23:36	2.5 m	
12-09-2024	02:52	1.6 m			27-09-2024	05:41	1.5 m	
12-09-2024	09:33	2.5 m			27-09-2024	11:55	2.8 m	
12-09-2024	16:06	1.5 m			27-09-2024	18:33	1.2 m	
12-09-2024	22:32	2.4 m			28-09-2024	00:40	2.6 m	
13-09-2024	04:43	1.6 m			28-09-2024	06:41	1.3 m	
13-09-2024	11:08	2.6 m			28-09-2024	12:51	2.9 m	
13-09-2024	17:42	1.4 m			28-09-2024	19:18	1.0 m	
13-09-2024	23:56	2.6 m			29-09-2024	01:23	2.8 m	
14-09-2024	06:02	1.4 m			29-09-2024	07:22	1.2 m	
14-09-2024	12:16	2.9 m			29-09-2024	13:32	3.1 m	
14-09-2024	18:42	1.1 m			29-09-2024	19:51	0.9 m	
15-09-2024	00:53	2.9 m			30-09-2024	01:56	3.0 m	
15-09-2024	06:56	1.1 m			30-09-2024	07:54	1.0 m	
15-09-2024	13:07	3.2 m			30-09-2024	14:06	3.2 m	
15-09-2024	19:28	0.8 m			30-09-2024	20:19	0.8 m	

Porto: Lagos - Outubro / October 2024

Data	Hora	Altura	Lua	Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon	Date	GMT / GMT+1	Height	Moon
01-10-2024	02:26	3.1 m		16-10-2024	14:10	3.7 m	
01-10-2024	08:22	0.9 m		16-10-2024	20:23	0.3 m	
01-10-2024	14:36	3.3 m		17-10-2024	02:36	3.6 m	
01-10-2024	20:45	0.7 m		17-10-2024	08:39	0.4 m	
02-10-2024	02:53	3.2 m		17-10-2024	14:54	3.8 m	○
02-10-2024	08:50	0.8 m		17-10-2024	21:03	0.3 m	
02-10-2024	15:04	3.4 m		18-10-2024	03:17	3.7 m	
02-10-2024	21:10	0.7 m	●	18-10-2024	09:21	0.3 m	
03-10-2024	03:20	3.2 m		18-10-2024	15:38	3.8 m	
03-10-2024	09:18	0.7 m		18-10-2024	21:43	0.3 m	
03-10-2024	15:32	3.4 m		19-10-2024	03:59	3.7 m	
03-10-2024	21:37	0.7 m		19-10-2024	10:04	0.3 m	
04-10-2024	03:47	3.3 m		19-10-2024	16:22	3.6 m	
04-10-2024	09:46	0.7 m		19-10-2024	22:23	0.5 m	
04-10-2024	16:00	3.3 m		20-10-2024	04:42	3.6 m	
04-10-2024	22:04	0.7 m		20-10-2024	10:48	0.5 m	
05-10-2024	04:15	3.2 m		20-10-2024	17:08	3.4 m	
05-10-2024	10:15	0.8 m		20-10-2024	23:05	0.7 m	
05-10-2024	16:29	3.2 m		21-10-2024	05:28	3.4 m	
05-10-2024	22:31	0.8 m		21-10-2024	11:36	0.7 m	
06-10-2024	04:44	3.2 m		21-10-2024	17:58	3.1 m	
06-10-2024	10:45	0.9 m		21-10-2024	23:50	1.0 m	
06-10-2024	16:59	3.1 m		22-10-2024	06:17	3.2 m	
06-10-2024	23:00	0.9 m		22-10-2024	12:31	1.0 m	
07-10-2024	05:15	3.0 m		22-10-2024	18:55	2.8 m	
07-10-2024	11:17	1.0 m		23-10-2024	00:42	1.2 m	
07-10-2024	17:32	2.9 m		23-10-2024	07:17	2.9 m	
07-10-2024	23:31	1.1 m		23-10-2024	13:42	1.2 m	
08-10-2024	05:51	2.9 m		23-10-2024	20:06	2.6 m	
08-10-2024	11:54	1.2 m		24-10-2024	01:53	1.5 m	
08-10-2024	18:11	2.7 m		24-10-2024	08:33	2.7 m	☾
09-10-2024	00:08	1.3 m		24-10-2024	15:17	1.4 m	
09-10-2024	06:34	2.8 m		24-10-2024	21:37	2.4 m	
09-10-2024	12:42	1.3 m		25-10-2024	03:34	1.6 m	
09-10-2024	19:04	2.5 m		25-10-2024	10:03	2.7 m	
10-10-2024	01:00	1.5 m		25-10-2024	16:52	1.3 m	
10-10-2024	07:37	2.6 m		25-10-2024	23:05	2.5 m	
10-10-2024	13:56	1.5 m		26-10-2024	05:06	1.5 m	
10-10-2024	20:27	2.4 m	☾	26-10-2024	11:20	2.8 m	
11-10-2024	02:26	1.6 m		26-10-2024	17:56	1.2 m	
11-10-2024	09:07	2.6 m		27-10-2024	00:05	2.6 m	
11-10-2024	15:43	1.5 m		UTC/GMT			
11-10-2024	22:10	2.4 m		27-10-2024	05:05	1.4 m	
12-10-2024	04:15	1.5 m		27-10-2024	11:16	2.9 m	
12-10-2024	10:38	2.7 m		27-10-2024	17:40	1.1 m	
12-10-2024	17:13	1.3 m		27-10-2024	23:48	2.8 m	
12-10-2024	23:29	2.7 m		28-10-2024	05:47	1.2 m	
13-10-2024	05:33	1.3 m		28-10-2024	11:57	3.0 m	
13-10-2024	11:46	2.9 m		28-10-2024	18:14	1.0 m	
13-10-2024	18:12	1.0 m		29-10-2024	00:22	2.9 m	
14-10-2024	00:25	2.9 m		29-10-2024	06:21	1.1 m	
14-10-2024	06:29	1.0 m		29-10-2024	12:32	3.1 m	
14-10-2024	12:39	3.2 m		29-10-2024	18:43	0.9 m	
14-10-2024	19:00	0.7 m		30-10-2024	00:52	3.0 m	
15-10-2024	01:12	3.2 m		30-10-2024	06:51	0.9 m	
15-10-2024	07:15	0.8 m		30-10-2024	13:03	3.2 m	
15-10-2024	13:26	3.5 m		30-10-2024	19:11	0.8 m	
15-10-2024	19:42	0.5 m		31-10-2024	01:20	3.1 m	
16-10-2024	01:54	3.4 m		31-10-2024	07:21	0.8 m	
16-10-2024	07:58	0.5 m		31-10-2024	13:33	3.2 m	
				31-10-2024	19:38	0.8 m	

Porto: Lagos - Novembro / November 2024

Data	Hora	Altura	Lua	Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon	Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon	Date	Time	Height	Moon
01-11-2024	01:49	3.2 m		16-11-2024	01:57	3.6 m	
01-11-2024	07:50	0.8 m		16-11-2024	08:05	0.4 m	
01-11-2024	14:03	3.2 m	●	16-11-2024	14:20	3.5 m	
01-11-2024	20:06	0.8 m		16-11-2024	20:22	0.5 m	
02-11-2024	02:18	3.2 m		17-11-2024	02:41	3.6 m	
02-11-2024	08:21	0.8 m		17-11-2024	08:50	0.4 m	
02-11-2024	14:33	3.2 m		17-11-2024	15:07	3.4 m	
02-11-2024	20:35	0.8 m		17-11-2024	21:04	0.6 m	
03-11-2024	02:49	3.2 m		18-11-2024	03:25	3.5 m	
03-11-2024	08:52	0.8 m		18-11-2024	09:36	0.5 m	
03-11-2024	15:05	3.1 m		18-11-2024	15:55	3.2 m	
03-11-2024	21:05	0.8 m		18-11-2024	21:47	0.8 m	
04-11-2024	03:21	3.2 m		19-11-2024	04:12	3.4 m	
04-11-2024	09:26	0.9 m		19-11-2024	10:25	0.7 m	
04-11-2024	15:39	3.0 m		19-11-2024	16:44	3.0 m	
04-11-2024	21:37	0.9 m		19-11-2024	22:32	1.0 m	
05-11-2024	03:56	3.1 m		20-11-2024	05:01	3.2 m	
05-11-2024	10:02	1.0 m		20-11-2024	11:18	0.9 m	
05-11-2024	16:17	2.9 m		20-11-2024	17:38	2.8 m	
05-11-2024	22:12	1.1 m		20-11-2024	23:23	1.2 m	
06-11-2024	04:36	3.0 m		21-11-2024	05:56	3.0 m	
06-11-2024	10:44	1.1 m		21-11-2024	12:20	1.1 m	
06-11-2024	17:03	2.7 m		21-11-2024	18:40	2.6 m	
06-11-2024	22:55	1.2 m		22-11-2024	00:24	1.4 m	
07-11-2024	05:25	2.9 m		22-11-2024	06:59	2.8 m	
07-11-2024	11:37	1.2 m		22-11-2024	13:33	1.3 m	
07-11-2024	18:00	2.6 m		22-11-2024	19:50	2.5 m	
07-11-2024	23:51	1.4 m		23-11-2024	01:39	1.5 m	☾
08-11-2024	06:26	2.8 m		23-11-2024	08:10	2.7 m	
08-11-2024	12:48	1.3 m		23-11-2024	14:49	1.3 m	
08-11-2024	19:15	2.5 m		23-11-2024	21:04	2.5 m	
09-11-2024	01:09	1.5 m	☽	24-11-2024	03:00	1.5 m	
09-11-2024	07:42	2.7 m		24-11-2024	09:21	2.7 m	
09-11-2024	14:14	1.3 m		24-11-2024	15:55	1.3 m	
09-11-2024	20:39	2.6 m		24-11-2024	22:08	2.6 m	
10-11-2024	02:39	1.4 m		25-11-2024	04:07	1.5 m	
10-11-2024	09:01	2.8 m		25-11-2024	10:22	2.8 m	
10-11-2024	15:33	1.2 m		25-11-2024	16:46	1.2 m	
10-11-2024	21:53	2.7 m		25-11-2024	22:59	2.7 m	
11-11-2024	03:56	1.3 m		26-11-2024	04:59	1.3 m	
11-11-2024	10:10	3.0 m		26-11-2024	11:11	2.8 m	
11-11-2024	16:36	1.0 m		26-11-2024	17:28	1.2 m	
11-11-2024	22:52	3.0 m		26-11-2024	23:39	2.8 m	
12-11-2024	04:56	1.0 m		27-11-2024	05:41	1.2 m	
12-11-2024	11:08	3.2 m		27-11-2024	11:52	2.9 m	
12-11-2024	17:28	0.8 m		27-11-2024	18:03	1.1 m	
12-11-2024	23:42	3.2 m		28-11-2024	00:15	2.9 m	
13-11-2024	05:47	0.8 m		28-11-2024	06:18	1.1 m	
13-11-2024	11:59	3.4 m		28-11-2024	12:29	3.0 m	
13-11-2024	18:14	0.6 m		28-11-2024	18:37	1.0 m	
14-11-2024	00:28	3.4 m		29-11-2024	00:48	3.0 m	
14-11-2024	06:35	0.6 m		29-11-2024	06:54	1.0 m	
14-11-2024	12:47	3.5 m		29-11-2024	13:04	3.0 m	
14-11-2024	18:58	0.5 m		29-11-2024	19:09	0.9 m	
15-11-2024	01:13	3.5 m		30-11-2024	01:22	3.1 m	
15-11-2024	07:20	0.5 m		30-11-2024	07:29	0.9 m	
15-11-2024	13:34	3.6 m		30-11-2024	13:39	3.1 m	
15-11-2024	19:40	0.4 m	○	30-11-2024	19:42	0.9 m	

Porto: Lagos - Dezembro / December 2024

Data	Hora	Altura	Lua		Data	Hora	Altura	Lua
Date	GMT / GMT+1	Height	Moon		Date	GMT / GMT+1	Height	Moon
Date	Time	Height	Moon		Date	Time	Height	Moon
01-12-2024	01:56	3.2 m	●		16-12-2024	14:59	3.3 m	
01-12-2024	08:04	0.8 m			16-12-2024	20:52	0.7 m	
01-12-2024	14:15	3.1 m			17-12-2024	03:15	3.5 m	
01-12-2024	20:15	0.9 m			17-12-2024	09:29	0.6 m	
02-12-2024	02:31	3.2 m			17-12-2024	15:45	3.2 m	
02-12-2024	08:40	0.8 m			17-12-2024	21:35	0.8 m	
02-12-2024	14:52	3.1 m			18-12-2024	04:00	3.4 m	
02-12-2024	20:50	0.9 m			18-12-2024	10:14	0.7 m	
03-12-2024	03:08	3.2 m			18-12-2024	16:30	3.0 m	
03-12-2024	09:17	0.8 m			18-12-2024	22:17	0.9 m	
03-12-2024	15:31	3.0 m			19-12-2024	04:45	3.3 m	
03-12-2024	21:26	0.9 m			19-12-2024	11:00	0.8 m	
04-12-2024	03:48	3.2 m			19-12-2024	17:16	2.9 m	
04-12-2024	09:57	0.9 m			19-12-2024	23:01	1.1 m	
04-12-2024	16:13	3.0 m			20-12-2024	05:30	3.1 m	
04-12-2024	22:06	1.0 m			20-12-2024	11:47	1.0 m	
05-12-2024	04:31	3.2 m			20-12-2024	18:03	2.8 m	
05-12-2024	10:42	0.9 m			20-12-2024	23:48	1.2 m	
05-12-2024	17:00	2.9 m			21-12-2024	06:17	3.0 m	
05-12-2024	22:51	1.1 m			21-12-2024	12:38	1.1 m	
06-12-2024	05:18	3.1 m			21-12-2024	18:53	2.6 m	
06-12-2024	11:33	1.0 m			22-12-2024	00:40	1.4 m	
06-12-2024	17:53	2.8 m			22-12-2024	07:08	2.8 m	
06-12-2024	23:44	1.2 m			22-12-2024	13:33	1.3 m	
07-12-2024	06:12	3.0 m			22-12-2024	19:48	2.5 m	☾
07-12-2024	12:31	1.1 m			23-12-2024	01:39	1.5 m	
07-12-2024	18:54	2.7 m			23-12-2024	08:06	2.7 m	
08-12-2024	00:47	1.3 m			23-12-2024	14:32	1.3 m	
08-12-2024	07:14	3.0 m			23-12-2024	20:49	2.5 m	
08-12-2024	13:39	1.1 m	☽		24-12-2024	02:46	1.5 m	
08-12-2024	20:01	2.7 m			24-12-2024	09:09	2.6 m	
09-12-2024	02:00	1.3 m			24-12-2024	15:33	1.4 m	
09-12-2024	08:23	2.9 m			24-12-2024	21:51	2.5 m	
09-12-2024	14:49	1.1 m			25-12-2024	03:53	1.5 m	
09-12-2024	21:11	2.8 m			25-12-2024	10:11	2.6 m	
10-12-2024	03:14	1.2 m			25-12-2024	16:30	1.3 m	
10-12-2024	09:33	3.0 m			25-12-2024	22:47	2.6 m	
10-12-2024	15:56	1.0 m			26-12-2024	04:54	1.4 m	
10-12-2024	22:16	2.9 m			26-12-2024	11:08	2.7 m	
11-12-2024	04:23	1.1 m			26-12-2024	17:21	1.3 m	
11-12-2024	10:38	3.1 m			26-12-2024	23:37	2.7 m	
11-12-2024	16:56	0.9 m			27-12-2024	05:47	1.3 m	
11-12-2024	23:14	3.1 m			27-12-2024	11:57	2.7 m	
12-12-2024	05:23	0.9 m			27-12-2024	18:06	1.2 m	
12-12-2024	11:37	3.2 m			28-12-2024	00:20	2.9 m	
12-12-2024	17:50	0.8 m			28-12-2024	06:32	1.1 m	
13-12-2024	00:07	3.2 m			28-12-2024	12:42	2.8 m	
13-12-2024	06:18	0.8 m			28-12-2024	18:46	1.1 m	
13-12-2024	12:31	3.3 m			29-12-2024	01:01	3.0 m	
13-12-2024	18:39	0.7 m			29-12-2024	07:14	1.0 m	
14-12-2024	00:56	3.4 m			29-12-2024	13:23	2.9 m	
14-12-2024	07:09	0.6 m			29-12-2024	19:25	1.0 m	
14-12-2024	13:23	3.3 m			30-12-2024	01:40	3.2 m	
14-12-2024	19:25	0.7 m			30-12-2024	07:53	0.9 m	
15-12-2024	01:44	3.5 m			30-12-2024	14:03	3.0 m	
15-12-2024	07:57	0.6 m	○		30-12-2024	20:03	0.9 m	●
15-12-2024	14:11	3.3 m			31-12-2024	02:20	3.3 m	
15-12-2024	20:09	0.7 m			31-12-2024	08:32	0.8 m	
16-12-2024	02:30	3.5 m			31-12-2024	14:43	3.1 m	
16-12-2024	08:43	0.6 m			31-12-2024	20:41	0.8 m	