

Porto: Lagos - Janeiro / January 2020										
Dia Day	FASE LUA	Baixa-mar / Low tide				Preia-mar / High tide				
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	
1	QUA / WED		-	-	12:25	1,44	6:09	3,13	18:45	2,86
2	QUI / THU		0:34	1,62	13:37	1,55	6:58	3,00	19:38	2,78
3	SEX / FRI	☾	1:33	1,71	14:17	1,61	7:54	2,90	20:40	2,76
4	SAB / SAT		2:42	1,75	15:21	1,62	8:57	2,86	21:43	2,81
5	DOM / SUN		3:51	1,71	16:21	1,56	10:01	2,88	22:41	2,91
6	SEG / MON		4:52	1,60	17:14	1,47	10:59	2,95	23:33	3,06
7	TER / TUE		5:45	1,45	18:01	1,34	11:52	3,07	-	-
8	QUA / WED		6:31	1,28	18:44	1,21	0:19	3,23	12:39	3,21
9	QUI / THU		7:14	1,11	19:26	1,08	1:01	3,41	13:24	3,35
10	SEX / FRI	☉	7:56	0,96	20:07	0,98	1:43	3,57	14:07	3,46
11	SAB / SAT		8:39	0,84	20:49	0,92	2:25	3,71	14:51	3,54
12	DOM / SUN		9:22	0,77	21:31	0,90	3:08	3,79	15:35	3,57
13	SEG / MON		10:06	0,77	22:16	0,94	3:53	3,82	16:21	3,54
14	TER / TUE		10:53	0,83	23:03	1,03	4:39	3,78	17:10	3,46
15	QUA / WED		11:44	0,95	23:55	1,16	5:28	3,68	18:01	3,34
16	QUI / THU		-	-	12:38	1,10	6:21	3,53	18:57	3,21
17	SEX / FRI	☾	0:52	1,29	13:41	1,25	7:21	3,35	20:00	3,10
18	SAB / SAT		2:02	1,41	14:52	1,36	8:29	3,20	21:10	3,05
19	DOM / SUN		3:21	1,45	16:05	1,40	9:43	3,11	22:22	3,08
20	SEG / MON		4:39	1,41	17:11	1,37	10:56	3,10	23:27	3,18
21	TER / TUE		5:46	1,31	18:07	1,30	-	-	12:00	3,14
22	QUA / WED		6:41	1,19	18:54	1,22	0:23	3,30	12:53	3,20
23	QUI / THU		7:27	1,08	19:36	1,14	1:11	3,43	13:39	3,25
24	SEX / FRI	☉	8:07	1,01	20:13	1,08	1:54	3,52	14:20	3,30
25	SAB / SAT		8:44	0,96	20:49	1,05	2:33	3,58	14:57	3,31
26	DOM / SUN		9:19	0,96	21:23	1,06	3:09	3,59	15:32	3,30
27	SEG / MON		9:52	0,98	21:58	1,10	3:44	3,56	16:07	3,27
28	TER / TUE		10:26	1,05	22:33	1,18	4:18	3,49	16:41	3,20
29	QUA / WED		11:01	1,14	23:08	1,29	4:53	3,38	17:16	3,11
30	QUI / THU		11:37	1,26	23:47	1,41	5:28	3,25	17:52	3,01
31	SEX / FRI		-	-	12:17	1,40	6:06	3,10	18:34	2,90

Fonte: Instituto Hidrográfico

		Porto: Lagos - Fevereiro / February 2020								
Dia Day	FASE LUA	Baixa-mar / Low tide				Preia-mar / High tide				
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	
1	SAB / SAT		0:31	1,55	13:03	1,53	6:50	2,95	19:24	2,80
2	DOM / SUN	☾	1:27	1,67	14:02	1,63	7:46	2,82	20:27	2,76
3	SEG / MON		2:40	1,73	15:16	1,66	8:56	2,76	21:42	2,79
4	TER / TUE		4:03	1,68	16:30	1,60	10:13	2,79	22:52	2,92
5	QUA / WED		5:13	1,53	17:31	1,45	11:22	2,91	23:50	3,12
6	QUI / THU		6:09	1,32	18:23	1,27	-	-	12:18	3,10
7	SEX / FRI		5:57	1,09	19:09	1,07	0:40	3,35	13:07	3,31
8	SAB / SAT		7:41	0,86	19:52	0,89	1:26	3,59	13:52	3,49
9	DOM / SUN	☉	8:24	0,68	20:34	0,76	2:09	3,79	14:36	3,64
10	SEG / MON		9:06	0,58	21:16	0,70	2:52	3,93	15:19	3,71
11	TER / TUE		9:49	0,56	21:59	0,71	3:36	3,98	16:03	3,70
12	QUA / WED		10:33	0,63	22:44	0,80	4:21	3,94	16:48	3,62
13	QUI / THU		11:19	0,79	23:32	0,95	5:07	3,80	17:35	3,47
14	SEX / FRI		-	-	12:08	1,01	5:58	3,58	18:27	3,29
15	SAB / SAT	☾	0:25	1,16	13:05	1,25	6:54	3,32	19:26	3,10
16	DOM / SUN		1:31	1,36	14:15	1,46	8:01	3,07	19:26	3,10
17	SEG / MON		2:55	1,50	15:39	1,56	9:22	2,90	20:38	2,96
18	TER / TUE		4:29	1,50	16:59	1,54	10:46	2,86	22:00	2,93
19	QUA / WED		5:45	1,39	18:01	1,44	11:56	2,93	-	-
20	QUI / THU		6:39	1,25	18:48	1,31	0:15	3,16	12:49	3,04
21	SEX / FRI		7:21	1,13	19:26	1,18	1:02	3,31	13:30	3,15
22	SAB / SAT		7:55	1,02	20:00	1,08	1:42	3,43	14:06	3,24
23	DOM / SUN	●	8:26	0,94	20:31	1,00	2:16	3,52	14:38	3,31
24	SEG / MON		8:56	0,90	21:02	0,96	2:49	3,56	15:09	3,36
25	TER / TUE		9:25	0,89	21:33	0,97	3:19	3,57	15:39	3,36
26	QUA / WED		9:55	0,93	22:04	1,02	3:50	3,52	16:08	3,32
27	QUI / THU		10:25	1,01	22:36	1,12	4:20	3,44	16:39	3,25
28	SEX / FRI		10:56	1,13	23:09	1,25	4:51	3,31	17:10	3,14
29	SAB / SAT		11:30	1,28	23:46	1,40	5:25	3,16	17:46	3,02

Fonte: Instituto Hidrográfico

Dia Day		FASE LUA	Porto: Lagos - Março / March 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	DOM / SUN		-	-	12:08	1,44	6:04	2,99	18:29	2,89
2	SEG / MON	☾	3:33	1,55	12:59	1,59	6:53	2,82	19:27	2,78
3	TER / TUE		1:41	1,68	14:14	1,70	8:04	2,70	20:48	2,75
4	QUA / WED		3:16	1,69	15:48	1,67	9:34	2,69	22:14	2,85
5	QUI / THU		4:45	1,54	17:06	1,51	10:56	2,84	23:24	3,07
6	SEX / FRI		5:48	1,29	18:03	1,28	11:58	3,07	-	-
7	SAB / SAT		6:27	1,01	18:50	1,03	0:18	3,35	12:48	3,32
8	DOM / SUN		7:22	0,76	19:34	0,80	1:05	3,63	13:33	3,56
9	SEG / MON	☉	8:04	0,56	20:16	0,63	1:50	3,36	14:16	3,73
10	TER / TUE		8:46	0,45	20:58	0,54	2:33	4,01	14:58	3,82
11	QUA / WED		9:27	0,45	21:40	0,55	3:17	4,06	15:41	3,82
12	QUI / THU		10:09	0,55	22:23	0,65	4:01	3,98	16:24	3,72
13	SEX / FRI		10:53	0,75	23:10	0,85	4:46	3,80	17:10	3,55
14	SAB / SAT		11:39	1,01	-	-	5:35	3,52	17:59	3,33
15	DOM / SUN		0:01	1,10	12:32	1,30	6:29	3,21	18:57	3,09
16	SEG / MON	☾	1:06	1,35	13:40	1,54	7:37	2,92	20:10	2,91
17	TER / TUE		2:35	1,53	15:14	1,67	9:04	2,73	21:38	2,85
18	QUA / WED		4:20	1,54	16:46	1,63	10:37	2,72	23:00	2,93
19	QUI / THU		5:36	1,42	17:49	1,50	11:46	2,83	-	-
20	SEX / FRI		6:26	1,28	18:33	1,31	0:00	3,08	12:35	2,97
21	SAB / SAT		7:02	1,14	19:08	1,20	0:48	3,23	13:12	3,11
22	DOM / SUN		7:33	1,03	19:38	1,07	1:20	3,35	13:43	3,23
23	SEG / MON		8:00	0,94	20:08	0,97	1:52	3,45	14:12	3,33
24	TER / TUE	☀	8:28	0,88	20:37	0,91	2:22	3,51	14:40	3,40
25	QUA / WED		8:55	0,86	21:06	0,90	2:51	3,53	15:08	3,42
26	QUI / THU		9:23	0,88	21:36	0,94	3:20	3,51	15:37	3,40
27	SEX / FRI		9:52	0,96	22:07	1,03	3:50	3,43	16:06	3,34
28	SAB / SAT		10:22	1,07	22:40	1,15	4:21	3,32	16:37	3,24
<b>Hora Legal de Verão / Summer time (UTC +1)</b>										
29	DOM / SUN		10:54	1,22	23:16	1,30	4:54	3,17	17:12	3,12
30	SEG / MON		11:31	1,39	-	-	5:33	3,00	17:54	2,98
31	TER / TUE		0:02	1,46	12:21	1,56	6:23	2,83	18:52	2,85

Fonte: Instituto Hidrográfico

Dia Day		FASE LUA	Porto: Lagos - Abril / April 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	QUA / WED	☾	1:09	1,59	13:35	1,68	7:36	2,70	20:13	2,80
2	QUI / THU		2:45	1,62	15:15	1,68	9:08	2,70	21:42	2,88
3	SEX / FRI		4:17	1,47	16:39	1,51	10:32	2,85	22:56	3,10
4	SAB / SAT		5:23	1,22	17:39	1,26	11:35	3,09	23:53	3,38
5	DOM / SUN		6:14	0,95	18:28	0,99	-	-	12:25	3,36
6	SEG / MON		6:59	0,70	19:19	0,75	0:42	3,65	13:11	3,60
7	TER / TUE		7:42	0,53	19:55	0,57	1:28	3,87	13:54	3,77
8	QUA / WED	☉	8:23	0,45	20:38	0,49	2:13	3,99	14:36	3,86
9	QUI / THU		9:04	0,47	21:21	0,51	2:57	4,00	15:19	3,85
10	SEX / FRI		9:46	0,60	22:05	0,63	3:41	3,90	16:02	3,75
11	SAB / SAT		10:28	0,81	22:51	0,84	4:27	3,68	16:47	3,57
12	DOM / SUN		11:13	1,07	23:43	1,01	5:15	3,40	17:36	3,35
13	SEG / MON		-	-	12:05	1,35	6:10	3,09	18:33	3,11
14	TER / TUE	☾	0:48	1,36	13:11	1,59	7:17	2,82	19:44	2,91
15	QUA / WED		2:16	1,53	14:45	1,72	8:43	2,66	21:11	2,83
16	QUI / THU		3:56	1,54	16:18	1,68	10:13	2,67	22:31	2,89
17	SEX / FRI		5:08	1,45	17:21	1,55	11:20	2,79	23:30	3,01
18	SAB / SAT		5:56	1,32	18:05	1,40	-	-	12:07	2,93
19	DOM / SUN		6:31	1,20	18:40	1,25	0:15	3,14	12:42	3,08
20	SEG / MON		7:00	1,08	19:11	1,12	0:50	3,25	13:13	3,21
21	TER / TUE		7:29	0,99	19:41	1,01	1:22	3,35	13:42	3,32
22	QUA / WED		7:57	0,92	20:11	0,94	1:53	3,42	14:11	3,40
23	QUI / THU	☀	8:25	0,90	20:41	0,92	2:22	3,45	14:39	3,44
24	SEX / FRI		8:54	0,91	21:12	0,94	2:53	3,44	15:09	3,44
25	SAB / SAT		9:24	0,98	21:45	1,01	3:24	3,38	15:40	3,40
26	DOM / SUN		9:56	1,08	22:20	1,11	3:58	3,29	16:14	3,32
27	SEG / MON		10:31	1,21	23:00	1,24	4:35	3,16	16:52	3,21
28	TER / TUE		11:11	1,36	23:50	1,37	5:18	3,05	17:37	3,09
29	QUA / WED		-	-	12:04	1,51	6:12	2,87	18:36	2,98
30	QUI / THU	☾	0:56	1,48	13:16	1,62	7:23	2,77	19:51	2,93

Fonte: Instituto Hidrográfico

Dia Day		FASE LUA	Porto: Lagos - Maio / May 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SEX / FRI		2:23	1,49	14:47	1,62	8:46	2,79	21:12	3,00
2	SAB / SAT		3:47	1,37	16:08	1,47	10:03	2,92	22:24	3,18
3	DOM / SUN		4:52	1,16	17:10	1,24	11:06	3,14	23:24	3,40
4	SEG / MON		5:46	0,94	18:02	1,00	11:58	3,37	-	-
5	TER / TUE		6:33	0,75	18:49	0,78	0:17	3,62	12:46	3,58
6	QUA / WED		7:17	0,62	19:34	0,63	1:05	3,78	13:30	3,74
7	QUI / THU	○	7:59	0,58	20:18	0,56	1:51	3,86	14:14	3,82
8	SEX / FRI		8:41	0,62	21:03	0,59	2:37	3,84	14:57	3,81
9	SAB / SAT		9:23	0,73	21:48	0,71	3:22	3,72	15:42	3,73
10	DOM / SUN		10:06	0,92	22:36	0,90	4:09	3,52	16:27	3,57
11	SEG / MON		10:51	1,14	23:28	1,12	4:58	3,28	17:16	3,37
12	TER / TUE		11:41	1,37	-	-	5:52	3,03	18:11	3,16
13	QUA / WED		0:28	1,33	12:42	1,57	6:54	2,81	19:15	2,98
14	QUI / THU	☾	1:44	1,49	14:02	1,69	8:09	2,69	20:29	2,88
15	SEX / FRI		3:07	1,54	15:26	1,70	9:27	2,68	21:43	2,87
16	SAB / SAT		4:17	1,49	16:33	1,61	10:33	2,76	22:44	2,93
17	DOM / SUN		5:07	1,40	17:22	1,49	11:23	2,88	23:32	3,03
18	SEG / MON		5:47	1,30	18:02	1,36	-	-	12:03	3,02
19	TER / TUE		6:21	1,20	18:37	1,23	0:12	3,13	12:37	3,15
20	QUA / WED		6:53	1,11	19:11	1,12	0:47	3,22	13:08	3,27
21	QUI / THU		7:24	1,04	19:44	1,04	1:21	3,30	13:40	3,37
22	SEX / FRI	●	7:56	1,00	20:18	0,99	1:54	3,34	14:12	3,43
23	SAB / SAT		8:28	0,99	20:53	0,98	2:28	3,36	14:45	3,46
24	DOM / SUN		9:02	1,03	21:21	1,01	3:04	3,34	15:20	3,46
25	SEG / MON		9:38	1,09	22:08	1,07	3:42	3,28	15:58	3,41
26	TER / TUE		10:17	1,19	22:52	1,16	4:23	3,20	16:40	3,34
27	QUA / WED		11:02	1,31	23:44	1,25	5:10	3,09	17:28	3,25
28	QUI / THU		11:55	1,43	-	-	6:05	2,99	18:25	3,17
29	SEX / FRI		0:46	1,32	13:01	1,51	7:10	2,93	19:32	3,13
30	SAB / SAT	☽	1:59	1,34	14:18	1,52	8:21	2,93	20:44	3,15
31	DOM / SUN		3:14	1,28	15:34	1,43	9:31	3,02	21:53	3,24

Fonte: Instituto Hidrográfico

Dia Day		FASE LUA	Porto: Lagos - Junho / June 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SEG / MON		4:20	1,17	16:40	1,26	10:35	3,16	22:57	3,38
2	TER / TUE		5:17	1,03	17:37	1,08	11:31	3,34	23:53	3,51
3	QUA / WED		6:08	0,91	18:29	0,91	-	-	12:22	3,51
4	QUI / THU		6:54	0,82	19:17	0,78	0:45	3,60	13:10	3,64
5	SEX / FRI	☉	7:39	0,79	20:04	0,73	1:34	3,64	13:55	3,72
6	SAB / SAT		8:22	0,82	20:49	0,74	2:21	3,62	14:40	3,74
7	DOM / SUN		9:04	0,89	21:35	0,82	3:08	3,53	15:25	3,69
8	SEG / MON		9:47	1,01	22:22	0,96	3:54	3,39	16:11	3,58
9	TER / TUE		10:31	1,17	23:10	1,12	4:41	3,23	16:57	3,43
10	QUA / WED		11:18	1,33	-	-	5:30	3,06	17:46	3,26
11	QUI / THU		0:02	1,28	12:10	1,49	6:23	2,90	18:39	3,09
12	SEX / FRI		0:59	1,42	13:11	1,62	7:22	2,79	19:38	2,96
13	SAB / SAT	☾	2:03	1,51	14:20	1,69	8:25	2,74	20:41	2,89
14	DOM / SUN		3:07	1,54	15:29	1,68	9:29	2,75	21:43	2,88
15	SEG / MON		4:06	1,51	16:28	1,61	10:26	2,83	22:39	2,92
16	TER / TUE		4:55	1,45	17:18	1,50	11:15	2,93	23:27	2,99
17	QUA / WED		5:38	1,36	18:02	1,38	11:56	3,06	-	-
18	QUI / THU		6:17	1,27	18:42	1,26	0:10	3,08	12:35	3,19
19	SEX / FRI		6:54	1,19	19:21	1,15	0:51	3,17	13:12	3,32
20	SAB / SAT		7:31	1,12	19:59	1,06	1:30	3,25	13:49	3,43
21	DOM / SUN	●	8:08	1,07	20:37	1,00	2:08	3,32	14:26	3,51
22	SEG / MON		8:46	1,05	21:17	0,97	2:48	3,35	15:05	3,56
23	TER / TUE		9:25	1,06	21:59	0,98	3:30	3,36	15:46	3,57
24	QUA / WED		10:07	1,11	22:24	1,01	4:14	3,33	16:30	3,54
25	QUI / THU		10:53	1,19	23:34	1,08	5:01	3,27	17:18	3,48
26	SEX / FRI		11:44	1,28	-	-	5:52	3,20	18:11	3,41
27	SAB / SAT		0:29	1,16	12:42	1,36	6:49	3,12	19:10	3,32
28	DOM / SUN	☽	1:32	1,23	13:49	1,42	7:52	3,08	20:15	3,26
29	SEG / MON		2:41	1,27	15:02	1,41	8:59	3,08	21:25	3,25
30	TER / TUE		3:49	1,26	16:14	1,34	10:06	3,15	22:33	3,27

Fonte: Instituto Hidrográfico

Dia Day		FASE LUA	Porto: Lagos - Julho / July 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	QUA / WED		4:52	1,21	17:19	1,22	11:08	3,27	23:36	3,33
2	QUI / THU		5:48	1,14	18:16	1,08	-	-	12:04	3,40
3	SEX / FRI		6:38	1,07	19:08	0,97	0:32	3,39	12:55	3,53
4	SAB / SAT		7:24	1,02	19:55	0,90	1:23	3,43	13:43	3,63
5	DOM / SUN	○	8:08	1,00	20:40	0,88	2:11	3,44	14:28	3,68
6	SEG / MON		8:49	1,01	21:23	0,91	2:56	3,41	15:11	3,67
7	TER / TUE		9:30	1,06	22:04	0,98	03.39	3,35	15:53	3,61
8	QUA / WED		10:10	1,14	22:45	1,09	4:21	3,27	16:35	3,51
9	QUI / THU		10:51	1,25	23:27	1,21	5:02	3,16	17:16	3,38
10	SEX / FRI		11:34	1,38	-	-	5:45	3,05	17:59	3,22
11	SAB / SAT		0:11	1,34	12:20	1,52	6:30	2,94	18:44	3,08
12	DOM / SUN		0:59	1,47	13:14	1,63	7:20	2,84	19:35	2,95
13	SEG / MON	☾	1:53	1,56	14:17	1,71	08.16	2,79	20:34	2,86
14	TER / TUE		2:54	1,62	15:26	1,72	9:18	2,79	21:38	2,83
15	QUA / WED		3:57	1,61	16:32	1,66	10:20	2,85	22:40	2,87
16	QUI / THU		4:54	1,55	17:28	1,54	11:15	2,97	23:36	2,96
17	SEX / FRI		5:44	1,45	18:17	1,39	-	-	12:03	3,12
18	SAB / SAT		6:28	1,33	19:01	1,24	0:25	3,08	12:47	3,29
19	DOM / SUN		7:11	1,21	19:42	1,08	1:09	3,22	13:28	3,46
20	SEG / MON	●	7:51	1,09	20:13	0,95	1:52	3,35	14:09	3,61
21	TER / TUE		8:31	1,00	21:04	0,86	2:34	3,46	14:50	3,72
22	QUA / WED		9:12	0,96	21:45	0,82	3:16	3,52	15:32	3,78
23	QUI / THU		9:54	0,96	22:29	0,84	3:59	3,54	16:15	3,79
24	SEX / FRI		10:38	1,01	23:15	0,92	4:44	3,50	17:01	3,73
25	SAB / SAT		11:26	1,11	-	-	5:32	3,42	17:51	3,61
26	DOM / SUN		0:06	1,05	12:19	1,23	6:24	3,31	18:46	3,45
27	SEG / MON	☽	1:02	1,20	13:21	1,36	7:22	3,19	19:49	3,29
28	TER / TUE		2:08	1,34	14:35	1,45	8:28	3,11	21:01	3,17
29	QUA / WED		3:21	1,42	15:56	1,45	9:40	3,10	22:17	3,12
30	QUI / THU		4:34	1,43	17.11	1,37	10:51	3,18	23:27	3,15
31	SEX / FRI		5:37	1,36	18:14	1,24	11:54	3,31	-	-

Fonte: Instituto Hidrográfico

Dia Day		FASE LUA	Porto: Lagos - Agosto / August 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SAB / SAT		6:31	1,27	19:05	1,12	0:27	3,22	12:47	3,45
2	DOM / SUN		7:16	1,18	19:49	1,02	1:18	3,30	13:34	3,57
3	SEG / MON	○	7:57	1,10	20:29	0,96	2:02	3,36	14:16	3,65
4	TER / TUE		8:35	1,06	21:05	0,95	2:42	3,40	14:55	3,68
5	QUA / WED		9:11	1,05	21:40	0,98	3:19	3,40	15:31	3,66
6	QUI / THU		9:46	1,09	22:14	1,04	3:54	3,37	16:07	3,59
7	SEX / FRI		10:21	1,16	22:48	1,14	4:29	3,31	16:42	3,48
8	SAB / SAT		10:57	1,27	23:24	1,27	5:04	3,21	17:17	3,34
9	DOM / SUN		11:35	1,41	-	-	5:40	3,10	17:54	3,18
10	SEG / MON		0:02	1,42	12:17	1,56	6:20	2,98	18:36	3,01
11	TER / TUE	☾	0:46	1,56	13:10	1,70	7:07	2,87	19:29	2,87
12	QUA / WED		1:41	1,69	14:20	1,79	8:07	2,80	20:36	2,77
13	QUI / THU		2:53	1,76	15:44	1,78	9:21	2,80	21:55	2,77
14	SEX / FRI		4:11	1,73	16:58	1,66	10:34	2,90	23:06	2,88
15	SAB / SAT		5:15	1,61	17:55	1,47	11:34	3,08	-	-
16	DOM / SUN		6:07	1,43	18:41	1,25	0:03	3,05	12:24	3,30
17	SEG / MON		6:52	1,24	19:24	1,04	0:50	3,26	13:08	3,53
18	TER / TUE		7:33	1,06	20:04	0,85	1:33	3,45	13:50	3,74
19	QUA / WED	●	8:14	0,91	20:44	0,72	2:15	3,62	14:31	3,90
20	QUI / THU		8:54	0,81	21:25	0,67	2:56	3,73	15:13	3,99
21	SEX / FRI		9:36	0,79	22:07	0,70	3:34	3,76	15:56	3,99
22	SAB / SAT		10:18	0,84	22:51	0,82	4:22	3,72	16:41	3,90
23	DOM / SUN		11:04	0,96	23:38	1,02	5:07	3,61	17:29	3,72
24	SEG / MON		11:55	1,15			5:57	3,45	18:23	3,48
25	TER / TUE	☽	0:32	1,25	12:56	1,35	6:53	3,26	19:26	3,23
26	QUA / WED		1:37	1,47	14:14	1,51	8:01	3,11	20:44	3,04
27	QUI / THU		2:58	1,61	15:49	1,56	9:21	3,05	22:10	2,97
28	SEX / FRI		4:25	1,62	17:13	1,46	10:41	3,11	23:25	3,03
29	SAB / SAT		5:33	1,52	18:13	1,32	11:46	3,26	-	-
30	DOM / SUN		6:25	1,39	18:59	1,18	0:23	3,15	12:38	3,41
31	SEG / MON		7:06	1,26	19:36	1,08	1:08	3,26	13.21	3,55

Fonte: Instituto Hidrográfico



Dia Day		FASE LUA	Porto: Lagos - Setembro / September 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	TER / TUE		7:42	1,14	20:09	1,00	0:47	3,36	13:58	3,64
2	QUA / WED	○	8:15	1,07	20:40	0,97	2:21	3,44	14:32	3,68
3	QUI / THU		8:46	1,03	21:09	0,97	2:52	3,48	15:04	3,68
4	SEX / FRI		9:17	1,03	21:39	1,01	3:23	3,48	15:35	3,63
5	SAB / SAT		9:49	1,09	22:09	1,10	3:53	3,44	16:05	3,53
6	DOM / SUN		10:21	1,19	22:40	1,22	4:23	3,36	16:37	3,40
7	SEG / MON		10:54	1,33	23:13	1,38	4:55	3,25	17:10	3,24
8	TER / TUE		11:32	1,49	23:51	1,55	5:30	3,12	17:48	3,06
9	QUA / WED		-	-	12:17	1,66	6:11	2,94	18:36	2,89
10	QUI / THU	☾	0:39	1,72	13:23	1,80	7:07	2,86	19:45	2,75
11	SEX / FRI		1:52	1,84	14:58	1,83	8:26	2,80	21:16	2,73
12	SAB / SAT		3:28	1,84	16:28	1,71	9:54	2,89	22:38	2,86
13	DOM / SUN		4:47	1,70	17:29	1,48	11:04	3,09	23:38	3,08
14	SEG / MON		5:43	1,47	18:17	1,21	0:50	3,35	-	-
15	TER / TUE		6:29	1,23	18:59	0,96	0:27	3,33	12:43	3,62
16	QUA / WED		7:11	0,99	19:40	0,75	1:10	3,57	13:25	3,86
17	QUI / THU	●	7:51	0,80	20:20	0,61	1:51	3,77	14:07	4,04
18	SEX / FRI		8:32	0,68	21:00	0,58	2:32	3,89	14:50	4,12
19	SAB / SAT		9:13	0,66	21:42	0,64	3:21	3,93	15:33	4,09
20	DOM / SUN		9:56	0,73	22:24	0,81	3:56	3,87	16:18	3,95
21	SEG / MON		10:42	0,89	23:10	1,05	4:41	3,73	17:06	3,71
22	TER / TUE		11:33	1,12	-	-	5:30	3,53	18:01	3,41
23	QUA / WED		0:02	1,33	12:35	1,37	6:27	3,30	19:06	3,12
24	QUI / THU	☽	1:08	1,59	14:00	1,57	7:37	3,11	20:30	2,92
25	SEX / FRI		2:39	1,74	15:45	1,60	9:04	3,03	22:03	2,88
26	SAB / SAT		4:15	1,72	17:07	1,49	10:28	3,09	23:19	2,98
27	DOM / SUN		5:23	1,60	18:02	1,35	11:33	3,27	-	-
28	SEG / MON		6:12	1,44	18:42	1,22	0:11	3,12	12:21	3,38
29	TER / TUE		6:49	1,30	19:14	1,12	0:51	3,26	13:00	3,50
30	QUA / WED		7:21	1,17	19:43	1,04	1:24	3,38	13:34	3,59

Fonte: Instituto Hidrográfico

		Porto: Lagos - Outubro / October 2020								
Dia Day	FASE LUA	Baixa-mar / Low tide				Preia-mar / High tide				
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	
1	QUI / THU	○	7:51	1,08	20:10	0,99	1:55	3,47	14:05	3,63
2	SEX / FRI		8:20	1,03	20:37	0,98	2:23	3,53	14:34	3,64
3	SAB / SAT		8:49	1,02	21:05	1,01	2:51	3,55	15:04	3,61
4	DOM / SUN		9:20	1,06	21:34	1,09	3:20	3,53	15:33	3,53
5	SEG / MON		9:51	1,15	22:04	1,21	3:49	3,46	16:04	3,40
6	TER / TUE		10:23	1,28	22:36	1,36	4:20	3,36	16:37	3,25
7	QUA / WED		11:00	1,44	23:12	1,54	4:54	3,22	17:15	3,07
8	QUI / THU		11:44	1,60	23:58	1,71	5:34	3,08	18:03	2,90
9	SEX / FRI		12:47	1,75	-	-	6:29	2,94	19:13	2,77
10	SAB / SAT	☾	1:08	1,85	14:21	1,79	7:47	2,87	20:44	2,75
11	DOM / SUN		2:49	1,86	15:54	1,66	9:16	2,94	22:08	2,89
12	SEG / MON		4:15	1,71	16:59	1,43	10:30	3,13	23:10	3,13
13	TER / TUE		5:14	1,47	17:49	1,16	11:27	3,40	23:59	3,40
14	QUA / WED		6:02	1,20	18:32	0,91	-	-	12:15	3,67
15	QUI / THU		6:46	0,95	19:14	0,71	0:44	3,65	13:00	3,90
16	SEX / FRI	●	7:28	0,75	19:55	0,60	1:26	3,84	13:44	4,06
17	SAB / SAT		8:10	0,63	20:36	0,59	2:08	3,97	14:28	4,11
18	DOM / SUN		8:53	0,61	21:18	0,68	2:50	4,00	15:12	4,04
19	SEG / MON		9:37	0,70	22:01	0,86	3:34	3,93	15:59	3,89
20	TER / TUE		10:24	0,87	22:46	1,11	4:19	3,78	16:48	3,61
21	QUA / WED		11:17	1,12	23:38	1,38	5:09	3,57	17:43	3,31
22	QUI / THU		-	-	12:20	1,37	6:06	3,34	18:50	3,04
23	SEX / FRI	☽	0:44	1,63	13:45	1,56	7:16	3,13	20:13	2,86
24	SAB / SAT		2:14	1,78	15:25	1,60	8:40	3,03	21:42	2,84
Hora Legal de Inverno Winter time (UTC)										
25	DOM / SUN		3:49	1,76	16:42	1,51	10:02	3,06	22:54	2,94
26	SEG / MON		4:57	1,64	17:34	1,40	11:06	3,17	23:44	3,08
27	TER / TUE		5:45	1,50	18:12	1,29	11:54	3,28	-	-
28	QUA / WED		6:22	1,36	18:43	1,19	0:23	3,22	12:32	3,39
29	QUI / THU		6:54	1,23	19:11	1,11	0:56	3,34	13:05	3,46
30	SEX / FRI		7:24	1,14	19:39	1,06	1:25	3,44	13:36	3,52
31	SAB / SAT	○	7:54	1,07	20:07	1,03	1:54	3,51	14:06	3,54

Fonte: Instituto Hidrográfico

Dia Day		FASE LUA	Porto: Lagos - Novembro / November 2020							
			Baixa-mar / Low tide				Preia-mar / High tide			
			Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	DOM / SUN		08:24	1,05	20:36	1,05	02:22	3,55	14:36	3,52
2	SEG / MON		08:55	1,07	21:06	1,11	02:52	3,55	15:07	3,46
3	TER / TUE		09:28	1,14	21:37	1,21	03:22	3,50	15:40	3,36
4	QUA / WED		10:02	1,24	22:11	1,34	03:55	3,42	16:15	3,23
5	QUI / THU		10:41	1,37	22:49	1,49	04:31	3,31	16:56	3,09
6	SEX / FRI		11:27	1,51	23:37	1,64	05:14	3,19	17:47	2,95
7	SAB / SAT		-	-	12:29	1,62	06:09	3,07	18:53	2,85
8	DOM / SUN	☾	00:44	1,76	13:50	1,65	07:19	3,01	20:14	2,84
9	SEG / MON		02:12	1,78	15:15	1,55	08:39	3,04	21:32	2,96
10	TER / TUE		03:36	1,66	16:23	1,36	09:53	3,19	22:36	3,16
11	QUA / WED		04:41	1,45	17:17	1,14	10:54	3,41	23:29	3,40
12	QUI / THU		05:34	1,20	18:04	0,93	11:47	3,63	-	-
13	SEX / FRI		06:21	0,96	18:49	0,77	00:17	3,62	12:36	3,82
14	SAB / SAT		07:07	0,78	19:32	0,69	01:02	3,81	13:23	3,93
15	DOM / SUN	●	07:52	0,67	20:14	0,69	01:46	3,93	14:09	3,96
16	SEG / MON		08:37	0,65	20:57	0,77	02:30	3,96	14:56	3,88
17	TER / TUE		09:23	0,73	21:41	0,93	03:15	3,91	15:43	3,72
18	QUA / WED		10:11	0,89	22:27	1,13	04:02	3,78	16:33	3,49
19	QUI / THU		11:04	1,10	23:18	1,36	04:52	3,60	17:27	3,24
20	SEX / FRI		-	-	12:04	1,32	05:47	3,39	18:29	3,02
21	SAB / SAT		00:18	1,58	13:17	1,49	06:50	3,19	19:41	2,86
22	DOM / SUN	☽	01:34	1,72	14:39	1,57	08:02	3,06	20:59	2,82
23	SEG / MON		02:59	1,76	15:53	1,55	09:17	3,02	22:09	2,87
24	TER / TUE		04:11	1,69	16:49	1,49	10:22	3,05	23:03	2,98
25	QUA / WED		05:05	1,58	17:31	1,40	11:14	3,12	23:46	3,10
26	QUI / THU		05:47	1,46	18:06	1,31	11:56	3,20	-	-
27	SEX / FRI		06:23	1,34	18:38	1,23	00:22	3,22	12:33	3,27
28	SAB / SAT		06:57	1,24	19:09	1,16	00:55	3,33	13:07	3,34
29	DOM / SUN		07:30	1,15	19:41	1,12	01:26	3,43	13:40	3,38
30	SEG / MON	○	08:04	1,10	20:13	1,11	01:58	3,49	14:14	3,39

Fonte: Instituto Hidrográfico

		Porto: Lagos - Dezembro / December 2020								
Dia Day	FASE LUA	Baixa-mar / Low tide				Preia-mar / High tide				
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	
1	TER / TUE		08:38	1,09	20:46	1,13	02:30	3,53	14:48	3,38
2	QUA / WED		09:13	1,11	21:20	1,19	03:04	3,52	15:24	3,33
3	QUI / THU		09:51	1,16	21:57	1,27	03:40	3,48	16:03	3,25
4	SEX / FRI		10:31	1,24	22:38	1,38	04:19	3,42	16:46	3,16
5	SAB / SAT		11:18	1,33	23:26	1,49	05:03	3,33	17:36	3,07
6	DOM / SUN		-	-	12:13	1,41	05:54	3,25	18:35	2,99
7	SEG / MON		00:24	1,58	13:20	1,45	06:55	3,18	19:42	2,97
8	TER / TUE	☾	01:36	1,62	14:33	1,42	08:04	3,17	20:53	3,02
9	QUA / WED		02:53	1,57	15:43	1,33	09:15	3,27	21:59	3,15
10	QUI / THU		04:04	1,43	16:44	1,19	10:21	3,35	22:59	3,32
11	SEX / FRI		05:06	1,24	17:38	1,05	11:21	3,49	23:52	3,51
12	SAB / SAT		06:00	1,05	18:27	0,93	-	-	12:16	3,62
13	DOM / SUN		06:51	0,88	19:13	0,85	00:42	3,67	13:07	3,70
14	SEG / MON	●	07:39	0,77	19:58	0,83	01:30	3,80	13:56	3,72
15	TER / TUE		08:27	0,74	20:42	0,87	02:16	3,86	14:44	3,67
16	QUA / WED		09:13	0,78	21:26	0,96	03:02	3,85	15:32	3,57
17	QUI / THU		10:01	0,88	22:11	1,10	03:49	3,77	16:19	3,42
18	SEX / FRI		10:49	1,04	22:58	1,26	04:36	3,63	17:08	3,24
19	SAB / SAT		11:40	1,21	23:48	1,43	05:25	3,46	18:00	3,07
20	DOM / SUN		-	-	12:35	1,38	06:17	3,27	18:56	2,92
21	SEG / MON	☽	00:45	1,58	13:36	1,51	07:13	3,10	19:58	2,83
22	TER / TUE		01:52	1,69	14:41	1,58	08:16	2,98	21:04	2,80
23	QUA / WED		03:03	1,72	15:44	1,59	09:20	2,92	22:06	2,84
24	QUI / THU		04:10	1,69	16:39	1,54	10:21	2,92	23:00	2,93
25	SEX / FRI		05:05	1,60	17:21	1,47	11:14	2,97	23:45	3,04
26	SAB / SAT		05:51	1,48	18:05	1,38	-	-	12:00	3,05
27	DOM / SUN		06:32	1,36	18:43	1,29	00:25	3,17	12:41	3,13
28	SEG / MON		07:11	1,24	19:19	1,21	01:02	3,30	13:19	3,22
29	TER / TUE		07:48	1,14	19:55	1,14	01:38	3,41	13:57	3,29
30	QUA / WED	○	08:25	1,06	20:32	1,10	02:14	3,50	14:35	3,34
31	QUI / THU		09:02	1,02	21:08	1,09	02:50	3,60	15:13	3,36

Fonte: Instituto Hidrográfico e FCUL