













Dia Day		Porto: Lagos - Janeiro / January							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SEX / FRI	8:31	0.43	20:42	0.55	02:16	3.60	14:45	3.41
2	SAB / SAT	09:17	0.35	21:28	0.53	03:02	3.71	15:32	3.45
3	DOM / SUN	10:04	0.36	22:14	0.57	03:49	3.74	16:20	3.42
4	SEG / MON	10:51	0.45	23:02	0.69	04:37	3.68	17:08	3.32
5	TER / TUE	11:41	0.61	23:53	0.85	05:26	3.54	17:58	3.18
6	QUA / WED	12:34	0.82	-	-	06:18	3.33	18:52	3.01
7		00:50	1.03	13:34	1.03	07:16	3.09	19:53	2.86
8	SEX / FRI	01:56	1.20	14:41	1.20	08:22	2.88	21:02	2.76
9	SAB / SAT	03:15	1.30	15:55	1.29	09:37	2.73	22:15	2.75
10	DOM / SUN	04:37	1.31	17:34	1.30	10:52	2.69	23:22	2.82
11	SEG / MON	05:46	1.23	18:01	1.23	11:56	2.72	-	-
12	TER / TUE	06:39	1.12	18:47	1.14	00:18	2.94	12:48	2.80
13	QUA / WED	17:21	1.01	19:25	1.04	01:18	3.06	13:30	2.88
14	QUI / THU	07:57	0.97	20:00	0.94	01:42	3.17	14:06	2.96
15		08:29	0.82	20:32	0.87	02:18	3.27	14:40	3.03
16	SAB / SAT	09:01	0.77	21:04	0.82	15:12	3.08	02:51	3.33
17	DOM / SUN	09:32	0.75	21:36	0.82	03:23	3.35	15:43	3.09
18	SEG / MON	10:03	0.77	22:08	0.86	03:55	3.33	16:15	3.06
19	TER / TUE	04:27	0.84	22:40	0.94	04:27	3.27	16:46	3.00
20	QUA / WED	11:06	0.93	23:14	1.04	04:59	3.17	17:19	2,92
21	QUI / THU	11:41	1.05	23:52	1.17	05:33	3.04	17:55	2.82
22	SEX / FRI	12:21	1.18	-	-	06:12	2.90	18:39	2.72
23		00:39	1.29	13:11	1.30	07:01	2.75	19:36	2.63
24	DOM / SUN	01:42	1.40	14:20	1.39	08:07	2.63	20:52	2.61
25	SEG / MON	03:08	1.43	15:45	1.38	09:31	2.59	22:15	2.71
26	TER / TUE	04:38	1.31	17:04	1.25	10:54	2.70	23:27	2.92
27	QUA / WED	05:49	1.07	18:07	1.04	12:01	2.90	-	-
28	QUI / THU	06:46	0.79	18:59	0.80	00:25	3.19	12:57	3.14
29	SEX / FRI	07:34	0.53	19:46	0.59	01:16	3.46	13:46	3.36
30		08:19	0.32	20:31	0.44	02:03	3.69	14:32	3.52
31	DOM / SUN	09:03	0.22	21:44	0.37	02:49	3.84	15:16	3.60





Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Fevereiro / February							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SEG / MON	09:46	0.22	21:57	0.40	03:33	3.88	16:00	3.59
2	TER / TUE	10:09	0.33	22:40	0.51	04:18	3.81	16:44	3.49
3	QUA / WED	11:12	0.54	23:26	0.71	05:03	3.63	17:29	3.32
4	QUI / THU	11:58	0.80	-	-	05:50	3.36	18:16	3.10
5		00:16	0.95	12:48	1.08	06:41	3.05	19:10	2.87
6	SAB / SAT	01:15	1.20	13:50	1.33	07:42	2.75	20:17	2.69
7	DOM / SUN	02:34	1.40	21:42	2.61	09:02	2.54	15:12	1.49
8	SEG / MON	04:16	1.45	16:43	1.49	10:34	2.48	23:04	2.68
9	TER / TUE	05:39	1.36	17:50	1.39	11:48	2.56	-	-
10	QUA / WED	06:33	1.21	18:37	1.24	00:05	2.82	12:39	2.69
11	QUI / THU	07:11	1.06	19:13	1.09	00:51	2.98	13:17	2.83
12	SEX / FRI	07:42	0.92	19:44	0.94	01:27	3.13	13:50	2.96
13	SAB / SAT	08:11	0.80	20:14	0.82	01:59	3.26	14:20	3.08
14		08:39	0.72	20:44	0.74	02:30	3.36	14:48	3.16
15	SEG / MON	09:06	0.67	21:13	0.71	02:59	3.41	15:17	3.21
16	TER / TUE	09:34	0.67	21:42	0.72	03:29	3.41	15:45	3.21
17	QUA / WED	10:03	0.72	22:12	0.79	03:58	3.36	16:14	3.17
18	QUI / THU	10:32	0.81	22:43	0.89	04:28	3.27	16:45	3.09
19	SEX / FRI	11:03	0.94	23:18	1.03	05:01	3.13	17:19	2.98
20	SAB / SAT	11:39	1.09	-	-	05:37	2.96	17:59	2.85
21	DOM / SUN	00:02	1.19	12:26	1.26	06:24	2.78	18:53	2.71
22		01:03	1.35	13:34	1.41	07:03	2.60	20:12	2.62
23	TER / TUE	02:35	1.42	15:12	1.46	09:04	2.53	21:48	2.69
24	QUA / WED	04:20	1.31	16:47	1.32	10:39	2.65	23:08	2.91
25	QUI / THU	05:36	1.05	17:54	1.07	11:48	2.89	-	-
26	SEX / FRI	06:32	0.74	18:45	0.79	00:09	3.21	12:43	3.17
27	SAB / SAT	07:18	0.47	19:31	0.55	01:00	3.50	13:30	3.41
28		08:01	0.28	20:13	0.37	01:46	3.73	14:13	3.59





Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Março / March							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SEG / MON	08:42	0.19	20:55	0.29	02:30	3.87	14:55	3.68
2	TER / TUE	09:22	0.21	21:35	0.32	03:13	3.89	15:36	3.67
3	QUA / WED	10:02	0.34	22:16	0.45	03:55	3.79	16:17	3.56
4	QUI / THU	10:42	0.57	22:59	0.66	04:38	3.58	16:59	3.38
5	SEX / FRI	11:22	0.84	23:45	0.93	05:22	3.28	17:42	3.15
6	SAB / SAT	12:07	01:13	-	-	06:09	2.96	18:32	2.89
7		00:39	1.22	13:02	1.41	07:06	2.64	19:35	2.67
8	SEG / MON	01:56	1.45	14:26	1.59	08:27	2.42	21:04	2.55
9	TER / TUE	03:48	1.52	16:13	1.60	10:10	2.37	22:36	2.59
10	QUA / WED	05:17	1.49	17:27	1.48	11:28	2.48	23:41	2.74
11	QUI / THU	06:09	1.26	18:14	1.30	12:17	2.65	-	-
12	SEX / FRI	06:45	1.09	18:49	1.12	00:25	2.92	12:52	2.81
13	SAB / SAT	07:14	0.94	19:19	0.95	01:00	3.08	13:22	2.97
14	DOM / SUN	07:42	0.81	19:49	0.81	01:31	3.22	13:51	3.11
15		08:09	0.71	20:18	0.70	02:01	3.33	14:19	3.22
16	TER / TUE	08:36	0.65	20:47	0.65	02:31	3.40	14:47	3.29
17	QUA / WED	09:04	0.64	21:16	0.61	03:00	3.41	15:16	3.31
18	QUI / THU	09:32	0.68	21:47	0.71	03:30	3.37	15:46	3.28
19	SEX / FRI	10:02	0.77	22:20	0.81	04:02	3.28	16:18	3.21
20	SAB / SAT	10:35	0.90	22:57	0.95	04:37	3.14	16:54	3.09
21	DOM / SUN	11:13	1.06	23:44	1.12	05:17	2.96	17:37	2.94
22	SEG / MON	12:03	1.25	-	-	06:07	2.77	18:34	2.79
23		00:49	1.28	13:15	1.42	07:18	2.60	19:54	2.70
24	QUA / WED	02:24	1.35	14:56	1.46	08:54	2.55	21:29	2.75
25	QUI / THU	04:04	1.23	16:29	1.31	10:23	2.69	22:48	2.96
26	SEX / FRI	05:17	0.98	17:35	1.06	11:30	2.94	23:48	3.23
27	SAB / SAT	06:11	0.71	18:26	0.79	12:22	3.20	-	-
28	DOM / SUN	06:57	0.49	19:11	0.55	00:39	3.49	13:08	3.42
Hora Legal de Verão Summer time (UTC +1)									
29	SEG / MON	08:39	0.34	20:53	0.39	01:25	3.67	14:50	3.58
30		09:18	0.29	21:33	0.33	03:09	3.77	15:31	3.66
31	QUA / WED	09:57	0.33	22:14	0.36	03:51	3.75	16:11	3.65





Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Abril / April							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	QUI / THU	10:34	0.47	22:54	0.50	04:33	3.62	16:51	3.55
2	SEX / FRI	11:12	0.67	23:35	0.70	05:14	3.41	17:32	3.38
3	SAB / SAT	11:51	0.92	11:51	0.92	05:57	3.15	18:14	3.16
4	DOM / SUN	00:20	0.95	12:34	1.18	06:42	2.86	19:01	2.92
5	SEG / MON	01:12	1.21	13:26	1.42	07:37	2.59	20:00	2.70
6		02:23	1.42	14:41	1.59	08:51	2.40	21:19	2.57
7	QUA / WED	04:01	1.50	16:22	1.63	10:26	2.36	22:48	2.57
8	QUI / THU	05:28	1.44	17:41	1.52	11:44	2.45	23:55	2.69
9	SEX / FRI	06:24	1.30	18:33	1.35	12:35	2.61	-	-
10	SAB / SAT	07:03	1.15	19:12	1.17	00:44	2.84	13:13	2.74
11	DOM / SUN	07:36	1.00	19:45	1.00	01:22	2.99	13:45	2.94
12	SEG / MON	08:06	0.87	20:17	0.85	01:55	3.13	14:15	3.09
13	TER / TUE	08:35	0.76	20:49	0.74	02:27	3.24	14:45	3.22
14		09:04	0.70	21:20	0.67	02:59	3.31	15:16	3.31
15	QUI / THU	09:35	0.67	21:53	0.65	3:32	3.33	15:38	3.35
16	SEX / FRI	10:06	0.70	22:28	0.69	4:06	3.31	16:22	3.34
17	SAB / SAT	10:40	0.77	23:06	0.77	04:23	3.23	16:59	3.28
18	DOM / SUN	11:18	0.89	23:49	0.90	05:23	3.11	17:41	3.18
19	SEG / MON	12:02	1.05	-	-	06:09	2.96	18:29	3.05
20	TER / TUE	00:42	1.04	12:57	1.22	07:06	2.79	19:30	2.92
21		01:51	1.16	14:11	1.36	08:18	2.67	20:45	2.84
22	QUI / THU	03:17	1.20	15:42	1.38	09:42	2.66	22:08	2.88
23	SEX / FRI	04:42	1.10	17:05	1.25	11:01	2.78	23:22	3.02
24	SAB / SAT	05:50	0.93	18:10	1.05	12:05	2.97	-	-
25	DOM / SUN	06:45	0.75	19:03	0.83	00:23	3.21	12:57	3.18
26	SEG / MON	07:31	0.61	19:49	0.65	01:16	3.38	13:44	3.36
27	TER / TUE	08:14	0.52	20:33	0.52	02:03	3.49	14:27	3.49
28		08:53	0.49	21:14	0.48	02:48	3.53	15:08	3.55
29	QUI / THU	09:32	0.54	21:54	0.51	03:30	3.49	15:49	3.54
30	SEX / FRI	10:09	0.64	22:35	0.62	04:12	3.38	16:29	3.47





Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Maio / May							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SAB / SAT	10:47	0.79	23:17	0.78	04:54	3.22	17:09	3.34
2	DOM / SUN	11:26	0.98	-	-	05:32	3.02	17:51	3.16
3	SEG / MON	00:01	0.97	12:09	1.17	06:21	2.81	18:37	2.98
4	TER / TUE	00:51	1.16	12:58	1.36	07:12	2.62	19:29	2.80
5	QUA / WED	01:50	01:32	14:01	1.50	08:13	2.48	20:31	2.67
6		03:03	1.41	15:18	1.56	09:25	2.42	21:43	2.62
7	SEX / FRI	04:17	1.41	16:35	1.52	10:48	2.46	22:51	2.66
8	SAB / SAT	05:19	1.33	17:35	1.41	11:36	2.57	23:47	2.75
9	DOM / SUN	06:08	1.22	18:24	1.26	12:22	2.71	-	-
10	SEG / MON	06:48	1.10	19:05	1.10	00:33	2.87	13:00	2.87
11	TER / TUE	07:24	0.98	19:43	0.95	1.13	2.99	13:36	3.03
12	QUA / WED	07:59	0.87	20:20	0.82	01:51	3.10	14:12	3.17
13	QUI / THU	08:34	0.78	20:57	0.73	2.29	3.18	14:48	3.28
14		09:09	0.73	21:35	0.67	03:08	3.23	15:26	3.36
15	SAB / SAT	09:47	0.73	22:16	0.66	03:48	3.24	16:06	3.39
16	DOM / SUN	10:27	0.77	23:00	0.70	04:31	3.20	16:49	3.37
17	SEG / MON	11:10	0.86	23:48	0.78	05:17	3.13	17:35	3.31
18	TER / TUE	11:59	0.98	-	-	06:08	3.03	18:26	3.21
19	QUA / WED	00:43	0.88	12:56	1.11	07:05	2.91	19:25	3.11
20		01:47	0.97	14:03	1.22	08:10	2.82	20:31	3.02
21	SEX / FRI	02:59	1.02	15:19	1.25	09:20	2.80	21:43	2.99
22	SAB / SAT	04:12	1.02	16:35	1.20	10:31	2.85	22:53	3.03
23	DOM / SUN	05:18	0.96	17:42	1.08	11:35	2.96	23:57	3.10
24	SEG / MON	06:16	0.88	18:40	0.94	12:31	3.10	-	-
25	TER / TUE	07:06	0.81	19:31	0.81	00:53	3.17	13:20	3.23
26	QUA / WED	07:51	0.76	20:17	0.72	01:44	3.22	14:06	3.33
27		08:32	0.74	21:00	0.67	02:30	3.24	14:49	3.40
28	SEX / FRI	09:11	0.75	21.41	0.68	03:14	3.22	15:31	3.41
29	SAB / SAT	09:50	0.80	22:21	0.73	03:56	3.16	16:11	3.38
30	DOM / SUN	10:28	0.88	23:01	0.82	04:38	3.07	16:52	3.31
31	SEG / MON	11:07	0.98	23:43	0.93	05:19	2.97	17:32	3.20





Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Junho / June							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	TER / TUE	11:47	1.10	-	-	06:00	2.85	18:13	3.08
2	QUA / WED	00:26	1.05	12:31	1.23	06:44	2.73	18:57	2.94
3	QUI / THU	01:14	1.17	13:20	1.35	07:31	2.62	19:45	2.82
4		02:07	1.27	14:17	1.44	08:24	2.55	20:39	2.73
5	SAB / SAT	03:04	1.33	15:21	1.47	09:23	2.52	21:49	2.68
6	DOM / SUN	04:05	1.34	16:27	1.45	10:24	2.55	22:41	2.68
7	SEG / MON	05:02	1.30	17:27	1.36	11:21	2.64	23:38	2.74
8	TER / TUE	05:54	1.22	18:21	1.23	12:11	2.78	-	-
9	QUA / WED	06:41	1.11	19:10	1.07	00:30	2.83	12:58	2.94
10	QUI / THU	07:25	0.99	19:55	0.91	01:18	2.94	13:42	3.10
11	SEX / FRI	8:08	0.87	20:39	0.77	02:04	3.05	14:25	3.26
12		08:50	0.78	21:23	0.65	02:49	3.15	15:09	3.39
13	DOM / SUN	09:33	0.72	22:08	0.58	03:35	3.23	15:54	3.48
14	SEG / MON	10:17	0.70	22:54	0.56	04:22	3.26	16:40	3.52
15	TER / TUE	11:03	0.74	23:42	0.59	05:10	3.24	17:27	3.50
16	QUA / WED	11:52	0.82	-	-	06:00	3.19	18:17	3.47
17	QUI / THU	00:34	0.68	12:46	0.93	06:53	3.10	19:11	3.31
18	SEX / FRI	131	0.79	13:45	1.05	07:50	3.00	20:10	3.17
19		02:32	0.91	14:51	1.14	08:51	2.91	21:14	3.04
20	DOM / SUN	3:38	1.01	16:03	1.18	09:58	2.87	22:24	2.95
21	SEG / MON	04:45	1.07	17:16	1.16	11:04	2.90	23:33	2.92
22	TER / TUE	05:49	1.08	18:22	1.09	12:07	2.97	-	-
23	QUA / WED	06:45	1.05	19:19	0.99	00:36	2.93	13:02	3.07
24	QUI / THU	07:34	1.00	20:08	0.90	01:31	2.96	13:52	3.17
25	SEX / FRI	08:18	0.95	20:51	0.83	02:19	2.99	14:36	3.26
26		08:57	0.91	21:30	0.79	03:03	3.02	15:17	3.31
27	DOM / SUN	09:35	0.88	22:08	0.78	03:43	3.03	15:56	3.34
28	SEG / MON	10:11	0.89	22:44	0.80	04:21	3.03	16:34	3.32
29	TER / TUE	10:47	0.92	23:20	0.85	04:58	3.00	17:10	3.28
30	QUA / WED	11:23	0.98	23:56	0.92	05:34	2.95	17:46	3.19





Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Julho / July							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	QUI / THU	-	-	12:01	1.07	6:11	2.87	18:22	3.09
2	SEX / FRI	0:34	1.02	12:40	1.18	6:49	2.79	19:01	2.96
3	SAB / SAT	1:15	1.13	13:23	1.29	7:29	2.70	19:44	2.84
4		1:59	1.24	14:14	1.38	8:16	2.62	20:34	2.72
5	SEG / MON	2:52	1.32	15:16	1.44	9:12	2.58	21:34	2.64
6	TER / TUE	3:53	1.36	16:29	1.43	10:17	2.60	22:43	2.62
7	QUA / WED	4:59	1.34	17:40	1.34	11:24	2.69	23:51	2.69
8	QUI / THU	6:03	1.24	18:43	1.17	12:24	2.85	-	-
9	SEX / FRI	6:59	1.10	19:37	0.96	0:51	2.82	13:18	3.06
10	SAB / SAT	7:49	0.93	20:25	0.74	1:45	2.99	14:07	3.27
11		8:36	0.76	21:11	0.56	2:35	3.16	14:54	3.47
12	SEG / MON	9:21	0.64	21:56	0.43	3:23	3.30	15:40	3.62
13	TER / TUE	10:06	0.56	22:41	0.37	4:10	3.39	16:26	3.70
14	QUA / WED	10:51	0.56	23:27	0.40	4:56	3.42	17:13	3.70
15	QUI / THU	11:37	0.62	0:14	0.52	5:43	3.38	18:00	3.61
16	SEX / FRI	0:14	0.52	12:26	0.74	6:31	3.28	18:50	3.44
17	SAB / SAT	1:04	0.69	13:19	0.91	7:22	3.13	19:44	3.22
18		1:59	0.90	14:20	1.09	8:18	2.98	20:45	2.99
19	SEG / MON	3:01	1.10	15:33	1.23	9:23	2.85	21:56	2.80
20	TER / TUE	4:12	1.24	16:56	1.28	10:36	2.80	23:14	2.70
21	QUA / WED	5:27	1.29	18:14	1.23	11:48	2.83	-	-
22	QUI / THU	6:33	1.25	19:16	1.13	0:26	2.71	12:51	2.94
23	SEX / FRI	7:25	1.16	20:04	1.01	1:25	2.78	13:42	3.06
24	SAB / SAT	8:08	1.06	20:43	0.91	2:12	2.86	14:25	3.18
25	DOM / SUN	8:45	0.96	21:17	0.82	2:52	2.95	15:03	3.28
26		9:19	0.88	21:49	0.76	3:27	3.02	15:38	3.34
27	TER / TUE	9:52	0.83	22:20	0.74	4:00	3.07	16:11	3.37
28	QUA / WED	10:24	0.82	22:51	0.75	4:32	3.09	16:43	3.35
29	QUI / THU	10:55	0.85	23:22	0.81	5:03	3.08	17:14	3.29
30	SEX / FRI	11:28	0.92	23:54	0.90	5:34	3.02	17:46	3.19
31	SAB / SAT	-	-	12:01	1.03	6:07	2.94	18:20	3.06

Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Agosto / August							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	DOM / SUN	00:27	1.03	12:37	1.15	06:41	2.84	18:56	2.91
2	SEG / MON	01:04	1.16	13:20	1.29	07:21	2.73	19:40	2.75
3		01:49	1.29	14:17	1.41	08:12	2.63	20:39	2.61
4	QUA / WED	02:50	1.40	15:37	1.47	09:21	2.58	21:58	2.53
5	QUI / THU	04:11	1.43	17:09	1.40	10:44	2.63	23:23	2.60
6	SEX / FRI	05:34	1.34	18:24	1.20	11:59	2.81	-	-
7	SAB / SAT	06:40	1.15	19:21	0.93	00:34	2.77	12:59	3.06
8	DOM / SUN	07:34	0.92	20:10	0.66	01:31	3.00	13:51	3.33
9	SEG / MON	08:21	0.69	20:55	0.43	02:20	3.23	14:38	3.58
10		09:05	0.51	21:38	0.28	03:06	3.43	15:23	3.76
11	QUA / WED	09:48	0.40	22:20	0.23	03:50	3.55	16:52	3.85
12	QUI / THU	10:31	0.38	23:03	0.29	04:34	3.59	16:52	3.83
13	SEX / FRI	11:15	0.46	23:47	0.45	05:18	3.54	17:37	3.69
14	SAB / SAT	-	-	12:01	0.62	06:03	3.40	18:25	3.46
15	DOM / SUN	00:33	0.69	12:51	0.84	06:51	3.21	19:16	3.17
16		01:23	0.96	13:50	1.09	07:45	2.99	20:16	2.86
17	TER / TUE	02:23	1.22	15:06	1.30	08:50	2.80	21:32	2.63
18	QUA / WED	03:41	1.41	16:43	1.38	10:10	2.70	23:02	2.53
19	QUI / THU	05:11	1.45	18:11	1.31	11:34	2.73	-	-
20	SEX / FRI	06:25	1.37	19:11	1.18	00:21	2.58	12:40	2.86
21	SAB / SAT	07:16	1.24	19:53	1.04	01:17	2.70	13:29	3.01
22	DOM / SUN	07:55	1.09	20:25	0.91	01:58	2.83	14:08	3.15
23	SEG / MON	08:27	0.95	20:54	0.81	02:33	2.96	14:42	3.27
24		08:58	0.84	21:22	0.73	03:03	3.07	15:13	3.35
25	QUA / WED	09:27	0.76	21:50	0.68	03:32	3.15	15:43	3.39
26	QUI / THU	09:56	0.73	22:18	0.69	04:01	3.19	16:12	3.39
27	SEX / FRI	10:26	0.74	22:46	0.74	04:29	3.19	16:42	3.34
28	SAB / SAT	10:56	0.81	23:15	0.83	04:58	3.15	17:12	3.24
29	DOM / SUN	11:27	0.92	23:46	0.96	05:29	3.07	17:43	3.10
30	SEG / MON	-	-	12:01	1.06	06:01	2.96	18:19	2.93
31	TER / TUE	00:20	1.11	12:42	1.22	06:40	2.83	19:02	2.74

Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Setembro / September							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1		01:03	1.28	13:38	1.38	07:30	2.69	20:03	2.57
2	QUI / THU	02:05	1.43	15:04	1.47	08:43	2.60	21:31	2.49
3	SEX / FRI	03:38	1.49	16:49	1.39	10:16	2.63	23:07	2.57
4	SAB / SAT	05:14	1.38	18:07	1.15	11:38	2.83	-	-
5	DOM / SUN	06:23	1.15	19:03	0.85	00:18	2.80	12:40	3.11
6		07:16	0.88	19:50	0.57	01:13	3.07	13:31	3.41
7	TER / TUE	08:02	0.62	20:33	0.34	02:01	3.33	14:17	3.66
8	QUA / WED	08:45	0.42	21:15	0.21	02:45	3.53	15:02	3.83
9	QUI / THU	09:27	0.30	21:56	0.20	03:27	3.66	15:45	3.89
10	SEX / FRI	10:09	0.29	22:23	0.30	04:09	3.68	16:29	3.82
11	SAB / SAT	10:52	0.39	23:18	0.49	04:52	3.61	17:13	3.64
12		11:36	0.58	-	-	05:35	3.46	17:59	3.37
13	SEG / MON	00:01	0.76	12:25	0.84	06:21	3.24	18:49	3.05
14	TER / TUE	00:48	1.05	13:22	1.12	07:13	2.99	19:49	2.73
15	QUA / WED	01:46	1.33	14:41	1.35	08:18	2.77	21:09	2.50
16	QUI / THU	03:09	1.52	16:27	1.43	09:43	2.64	22:46	2.44
17	SEX / FRI	04:51	1.54	17:55	1.35	11:12	2.68	-	-
18	SAB / SAT	06:05	1.43	18:49	1.20	00:04	2.53	12:18	2.81
19	DOM / SUN	06:54	1.27	19:27	1.06	00:56	2.68	13:05	2.96
20	SEG / MON	07:30	1.11	19:57	0.93	01:33	2.83	13:41	3.10
21	TER / TUE	08:01	0.95	20:24	0.81	02:04	2.98	14:13	3.23
22	QUA / WED	08:30	0.82	20:51	0.73	02:33	3.10	14:43	3.32
23		08:59	0.73	21:18	0.68	03:01	3.20	15:12	3.37
24	SEX / FRI	09:28	0.69	21:45	0.67	03:29	3.25	15:41	3.37
25	SAB / SAT	09:58	0.70	22:14	0.72	03:57	3.27	16:11	3.32
26	DOM / SUN	10:28	0.76	22:43	0.81	04:27	3.23	16:42	3.22
27	SEG / MON	11:00	0.86	23:14	0.94	04:58	3.16	17:16	3.08
28	TER / TUE	11:36	1.00	23:50	1.09	05:33	3.05	17:54	2.91
29	QUA / WED	12:20	1.17	00:36	1.27	06:14	2.91	18:41	2.73
30	QUI / THU	00:36	1.27	13:21	1.32	07:07	2.77	19:48	2.57

Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Outubro / October							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1		01:43	1.43	14:50	1.39	08:23	2.67	21:19	2.51
2	SAB / SAT	03:19	1.48	16:31	1.29	09:55	2.71	22:49	2.63
3	DOM / SUN	04:54	1.36	17:45	1.06	11:15	2.90	23:58	2.86
4	SEG / MON	06:02	1.12	18:40	0.79	12:17	3.16	00:51	3.13
5	TER / TUE	06:55	0.85	19:27	0.54	00:51	3.13	13:08	3.42
6	QUA / WED	07:41	0.60	20:10	0.37	01:38	3.37	13:55	3.64
7		08:24	0.41	20:50	0.28	02:21	3.56	14:40	3.76
8	SEX / FRI	09:06	0.31	21:30	0.29	03:03	3.67	15:24	3.77
9	SAB / SAT	09:48	0.32	22:10	0.41	03:45	3.69	16:07	3.68
10	DOM / SUN	10:31	0.43	22:50	0.60	04:27	3.61	16:51	3.48
11	SEG / MON	11:15	0.62	23:32	0.84	05:10	3.46	17:37	3.22
12	TER / TUE	-	-	12:03	0.87	05:55	3.24	18:26	2.93
13	QUA / WED	00:18	1.11	12:59	1.13	06:46	3.01	19:24	2.66
14		01:13	1.36	14:13	1.34	07:47	2.79	20:39	2.47
15	SEX / FRI	02:31	1.54	15:48	1.43	09:06	2.65	22:09	2.41
16	SAB / SAT	04:08	1.57	17:12	1.37	10:30	2.65	23:25	2.50
17	DOM / SUN	05:24	1.48	18:07	1.26	11:38	2.74	-	-
18	SEG / MON	06:16	1.33	18:47	1.13	00:18	2.64	12:26	2.87
19	TER / TUE	06:55	1.17	19:19	1.00	00:56	2.79	13:05	3.00
20	QUA / WED	07:28	1.01	19:49	0.88	01:29	2.94	13:39	3.12
21	QUI / THU	08:00	0.88	20:18	0.79	01:59	3.07	14:10	3.21
22	SEX / FRI	08:31	0.78	20:47	0.73	02:28	3.18	14:42	3.27
23		09:02	0.72	21:16	0.72	02:58	3.26	15:13	3.28
24	DOM / SUN	09:34	0.71	21:47	0.74	03:29	3.30	15:46	3.25
Hora Legal de Inverno (UTC)									
25	SEG / MON	10:08	0.74	22:19	0.81	04:02	3.29	16:21	3.17
26	TER / TUE	10:44	0.83	22:55	0.92	04:38	3.23	16:59	3.06
27	QUA / WED	11:25	0.94	23:36	1.06	05:17	3.14	17:43	2.92
28	QUI / THU	-	-	12:14	1.07	06:03	3.02	18:36	2.77
29	SEX / FRI	00:26	1.22	13:17	1.19	06:59	2.90	19:43	2.65
30		01:34	1.35	14:38	1.24	08:10	2.82	21:03	2.62
31	DOM / SUN	03:01	1.39	16:04	1.17	09:31	2.84	22:24	2.72

Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Novembro / November							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	SEG / MON	04:27	1.30	17:16	1.00	10:47	2.96	23:31	2.91
2	TER / TUE	04:35	1.10	17:13	0.81	10:50	3.15	23:26	3.12
3	QUA / WED	05:31	0.88	18:02	0.64	11:45	3.34	-	-
4	QUI / THU	06:20	0.67	18:46	0.52	00:14	3.33	12:34	3.48
5	SEX / FRI	07:06	0.52	19:28	0.46	00:59	3.49	13:21	3.55
6	●	07:49	0.44	20:09	0.48	01:42	3.58	14:05	3.54
7	DOM / SUN	8:32	0.44	20:48	0.57	02:25	3.60	14:50	3.46
8	SEG / MON	09:15	0.53	21:28	0.71	03:07	3.55	15:34	3.30
9	TER / TUE	09:59	0.68	22:09	0.90	03:50	3.43	16:19	3.11
10	QUA / WED	10:45	0.88	22:54	1.10	04:35	3.26	17:06	2.89
11	QUI / THU	11:36	1.08	23:44	1.29	05:22	3.07	17:58	2.69
12	SEX / FRI	-	-	12:36	1.26	06:15	2.88	18:58	2.54
13	☾	00:46	1.45	13:47	1.36	07:17	2.74	20:08	2.46
14	DOM / SUN	02:01	1.53	15:02	1.39	08:27	2.66	21:21	2.47
15	SEG / MON	03:17	1.51	16:04	1.33	09:36	2.68	22:21	2.56
16	TER / TUE	04:20	1.42	16:54	1.24	10:33	2.75	23:08	2.69
17	QUA / WED	05:09	1.29	17:34	1.14	11:20	2.84	23:47	2.83
18	QUI / THU	05:51	1.14	18:11	1.03	-	-	12:00	2.95
19	SEX / FRI	06:29	1.01	18:45	0.93	00:23	2.97	12:37	3.04
20	SAB / SAT	07:05	0.88	19:19	0.84	00:58	3.11	13:14	3.12
21	○	07:41	0.79	19:53	0.79	01:33	3.22	13:51	3.17
22	SEG / MON	08:18	0.73	20:28	0.77	02:09	3.30	14:29	3.18
23	TER / TUE	08:56	0.72	21:06	0.79	02:47	3.34	15:09	3.16
24	QUA / WED	09:37	0.74	21:46	0.85	03:27	3.33	15:52	3.11
25	QUI / THU	10:21	0.80	22:31	0.95	04:10	3.29	16:39	3.02
26	SEX / FRI	11:12	0.89	23:22	1.07	04:58	3.21	17:32	2.92
27	SAB / SAT	-	-	12:10	0.98	05:51	3.12	18:31	2.83
28	☾	00:23	1.18	13:17	1.05	06:53	3.03	19:39	2.78
29	SEG / MON	01:35	1.25	14:30	1.06	08:02	2.97	20:50	2.80
30	TER / TUE	02:52	1.23	15:41	1.02	09:14	2.99	21:58	2.90

Fonte: Instituto Hidrográfico

Dia Day		Porto: Lagos - Dezembro / December							
		Baixa-mar / Low tide				Preia-mar / High tide			
		Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)	Manhã Morning	Altura (m) Height (m)	Tarde Afternoon	Altura (m) Height (m)
1	QUA / WED	04:05	1.13	16:44	0.93	10:23	3.05	22:59	3.04
2	QUI / THU	05:09	0.98	17:38	0.84	11:23	3.14	23:53	3.19
3	SEX / FRI	06:04	0.83	18:27	0.76	-	-	12:18	3.23
4	SAB / SAT	06:54	0.70	19:12	0.71	00:42	3.33	13:07	3.28
5	●	07:39	0.62	19:53	0.70	01:27	3.43	13:54	3.28
6	SEG / MON	08:23	0.60	20:33	0.72	02:11	3.48	14:38	3.25
7	TER / TUE	09:05	0.63	21:13	0.78	02:54	3.48	15:21	3.17
8	QUA / WED	09:46	0.71	21:52	0.88	03:35	3.42	16:03	3.07
9	QUI / THU	10:27	0.83	22:32	1.00	04:17	3.32	16:44	2.95
10	SEX / FRI	11:10	0.96	23:15	1.14	04:58	3.18	17:27	2.82
11	SAB / SAT	11:55	1.11	-	-	05:41	3.03	18:12	2.69
12	DOM / SUN	00:01	1.28	12:45	1.23	06:27	2.88	19:03	2.58
13	☾	00:54	1.39	13:41	1.33	07:19	2.75	20:00	2.52
14	TER / TUE	01:56	1.47	14:43	1.38	08:18	2.66	21:03	2.51
15	QUA / WED	03:05	1.49	15:45	1.37	09:22	2.63	22:05	2.57
16	QUI / THU	04:11	1.43	16:41	1.31	10:24	2.66	22:59	2.68
17	SEX / FRI	05:10	1.31	17:31	1.21	11:19	2.74	23:47	2.83
18	SAB / SAT	06:00	1.17	18:15	1.09	-	-	12:07	2.85
19	DOM / SUN	06:44	1.01	18:56	0.96	00:31	3.00	12:52	2.96
20	SEG / MON	07:26	0.85	19:36	0.84	01:12	3.17	13:35	3.08
21	○	08:07	0.72	20:16	0.75	01:54	3.32	14:18	3.17
22	QUA / WED	08:48	0.62	20:57	0.70	02:35	3.43	15:01	3.24
23	QUI / THU	09:31	0.57	21:39	0.70	03:18	3.50	15:45	3.26
24	SEX / FRI	10:15	0.58	22:24	0.75	04:02	3.51	16:31	3.23
25	SAB / SAT	11:01	0.64	23:11	0.84	04:48	3.46	17:19	3.16
26	DOM / SUN	11:52	0.75	-	-	05:37	3.36	18:11	3.05
27	SEG / MON	00:04	0.97	12:49	0.89	06:31	3.22	19:08	2.94
28	☾	01:05	1.09	13:52	1.02	07:32	3.06	20:13	2.86
29	QUA / WED	02:17	1.19	15:03	1.11	08:42	2.94	21:34	2.84
30	QUI / THU	03:35	1.20	16:15	1.13	09:57	2.88	22:34	2.91
31	SEX / FRI	04:52	1.14	17:20	1.09	11:08	2.89		

Fonte: Instituto Hidrográfico e FCUL